

Shoreline



City of Seal Beach Classes and Activities • Summer 2017



City of Seal Beach

211 8th Street, Seal Beach, CA 90740 • (562) 431-2527

CITY COUNCIL

City Council meetings are open to the public and are held at City Hall on the second and fourth Monday of each month at 7pm

Mayor	Sandra Massa-Lavitt, District 5
Mayor Pro Tem	Mike Varipapa, District 3
Council Member	Ellery Deaton, District 1
Council Member	Thomas Moore, District 2
Council Member	Schelly Sustarsic, District 4

CITY STAFF

City Manager	Jill Ingram
Assistant City Manager	Patrick Gallegos
City Clerk	Robin Roberts
Chief of Police	Joe Miller
Director of Public Works	Steve Myrter
Deputy Director of Public Works/City Engineer	Michael Ho
Director of Finance/City Treasurer	Victoria Beatley
Marine Safety Chief	Joe Bailey

COMMUNITY SERVICES STAFF

Recreation Manager	Tim Kelsey, ext. 1341
Community Services Coordinator	David Nett, ext. 1339
Recreation Coordinator	Jessica Jacobs, ext. 1344
PT Recreation Coordinator	Kevin Ortiz, ext. 1307

RECREATION COMMISSIONERS

District 1	Steve Miller
District 2	Kari Dreyer-Goldman
District 3	Rita Hayes
District 4	Ann Gunvalsen Saks
District 5	Christine Bittner

MUNICIPAL MEETINGS

Council Meeting

7pm; 2nd & 4th Monday per month

Planning Commission

7pm; 1st & 3rd Monday per month

Environmental Quality Control Board

As Needed

Recreation Commission

6:00pm; 4th Wednesday/month

January, February, March, April, May, June,
September, October, November

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HOLIDAY CLOSURES

Memorial Day - May 29

Labor Day - September 4

REGISTER SealBeachCa.Gov

Online Registration Begins:

May 8, 2017

Walk-in and Mail Registration Begins:

May 15, 2017

We welcome non-residents to participate in our programs. Register early to avoid class cancellations. Pre-registration required through the Community Services Department for all classes. If your name is not on the roster you may not participate in the class until class fees have been paid.

City News

City of Seal Beach



A Message from the City Manager's Office

Summer is upon us and our beaches and businesses will once again be filled with visitors who have often traveled great distances to experience our community. And for good reason, Seal Beach is a coastal gem that has maintained its small town roots for over one hundred years. As summer begins, the City offers many wonderful recreational opportunities for you and your family to experience and we encourage you to pick up the City's recreational guide, the Shoreline, or visit the City's website at www.sealbeachca.gov to learn more about all of the wonderful programs and events the City has to offer.

In April, the City Council and executive management staff once again met to facilitate a Strategic Planning Workshop. The meeting was open to the public and was an opportunity for the City Council to review the status of the previous six month goals and objectives as well as to assess the progress and accomplishments achieved to date. The Workshop also allowed the Council to review emerging issues and determine how to prioritize and incorporate them into the next six month goals.

The Goal Setting Workshop focused on five, three-year goals:

- Provide a quality beach and pier environment, including a restaurant
- Achieve short and long term fiscal sustainability

- Improve and maintain the infrastructure
- Attract, develop, compensate and retain quality staff
- Enhance Public Safety

The five core goal areas are not in any particular priority order, but collectively they speak to the livability of our community and commitment our organization has to serve and enhance our community. There are several objectives included within each core area that are in various stages of progress and the Workshop offered the City Council and executive staff an opportunity to discuss each of them in more detail. Staff also reports progress and current status on these objectives at a regular monthly City Council meeting. The Council also added "Enhance Public Safety" to the three-year goals in order to remain proactive and continuing to keep our neighborhoods safe in light of new State legislation that has been adopted and made crime more prevalent in all cities across California. I am especially proud of the Core Values/Guiding Principles that were collectively developed by the City Council and staff team as a new component of the Strategic Plan:

The City of Seal Beach values:

- Excellent customer service
- Mutual respect
- Teamwork

- Professionalism
- Honest & ethical behavior

Please visit the City's website to find out more about the Strategic Plan and the ongoing progress being made towards each and every goal.

In May, the public was invited to attend the City's annual Budget Workshops as part of the process of formulating the new fiscal budget for 2017/2018. The Budget Workshops offered a valuable forum for residents to participate in the planning of the City's future. The new fiscal year will bring great opportunities and undoubtedly some challenges, but as always the City Council and City staff truly values the opinions, concerns and questions of Seal Beach residents and we appreciate those of you who joined us for insightful discussions regarding the City's General Fund and the Capital Improvement Program (CIP).

Finally, we hope that you will join us at one of the many events that will take place this summer, dine and shop at one of our local restaurants or volunteer with a local organization to improve our community.

Wishing you all the best this summer!

Jill R. Ingram
City Manager

"The City of Seal Beach provides excellent city services to enhance the quality of life and to preserve our small town character."

Register to Vote Today

You must be:

- A United States citizen,
- A resident of California,
- 18 years old or older on Election Day

Are you 16 or 17 and want to register now?

Visit, Registrertovote.ca.gov to Pre-register to Vote Online. You must meet all the other requirements above, and know your Social Security and Driver License/ State Issued ID number.

You will automatically be registered to vote on your 18th birthday. Registration forms are available today at the City Clerk's Office.

Westminster Avenue Capital Improvement Projects

The City of Seal Beach is pleased to announce that Westminster Avenue is being improved from West City Limits to Seal Beach Boulevard. The project consists of asphalt pavement overlay, landscaping and irrigation improvements to the existing medians. The project is being funded with a \$500,000 grant match contribution from City funds. The project is expected to start June and last through August. Traffic control will be in place for the duration of the project. Please use caution when passing through the construction zone. The City appreciates your patience when driving through the area. If there are any questions please call Cesar Rangel, Project Manager at (562) 431-2527 ext. 1328.

Congratulations to the 2017 Miss Seal Beach Winners

Miss Seal Beach
Keresey Dillon

Court Members
Kaylin Franklin
Sarah Carpenter
Julia Plecnik

Miss Teen Seal Beach
Chelsea Linton

Court Members
Milani Rivers
Danielle Beltran
Natalie Arroyo

Jr. Miss Seal Beach
Auburn Marriott

Court Members
Alexia Calderon
Hallie Alcantar
Joselyn English



To learn more about the Miss Seal Beach Organization visit misseealbeach.com or Facebook
To become a contestant for the 2018 Miss Seal Beach Pageant call Rosie Ritchie @ 562.810.0078

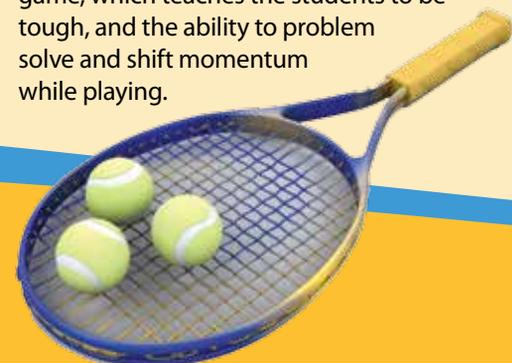
Junior Tennis at Seal Beach Tennis Center

The Seal Beach Tennis Center has a lot to offer when it comes to Junior Tennis. Whether you are a first time player just starting out, or a ranked or competitive player looking to make the most of their game, there is something for you. SBTC Instructors are certified by the United States Professional Tennis Association

and focus on teaching proper technique and fundamentals in an atmosphere that emphasizes fun as well as results.

The SBTC Junior Tennis Academy runs Mondays and Wednesdays, 4:00pm-6:00pm, from September through June. Led by Mickey Yelverton (USPTA Certified, USTA High Performance Coach) and her team, the

Academy is for Junior players of all ages and skill levels. Emphasis is put on developing fundamentally sound strokes, effective footwork and pattern hitting to set up points. We focus on both the physical and the mental aspect of the game, which teaches the students to be tough, and the ability to problem solve and shift momentum while playing.





WATER SAFETY RULES

Prevent drowning.
Never swim alone.



Children and adults drown without a sound. Drowning is the leading cause of accidental death for children under the age of five and can happen in less than two inches of water.



Orange County
Fire Authority
714 573 6200
ocfa.org

Prevent drowning! Never swim alone.

Kids need to ask an adult before going in or around a pool or spa. Adults should also never swim alone. Remember, if no one is with you, no one can help save you.

There is no substitute for active supervision.

Keep an eye on the water at all times and use the Water Watcher card strategy, which designates an adult as the Water Watcher for a certain amount of time (i.e. 15-minute periods), especially when multiple adults are present.

Learn to swim. Don't rely on swimming aids.

Remember that swimming aids such as water wings or noodles are fun toys but never use them in place of U.S. Coast Guard-approved personal flotation devices (life jackets).

Go feet first!

Rocks, sandbars, and other dangers can hide just below the water's surface. Going feet first helps to find these dangers and allows you to know how deep the water is in that area.

Play safely around the water.

Running, jumping, or pushing others in or around the pool can be dangerous. Be safe and walk around pool decks. Have an adult get toys or other objects out of the water.

Educate kids about swimming safely.

Everyone is different. Enroll in swim lessons when you feel you and your child are ready. Start slowly with babies; some are ready at 12 months or even earlier, others are not. Swim in designated areas only and always have an adult Water Watcher and never swim alone.

Don't let drains drag you down!

Drains can create a lot of suction, which can trap people under water. Teach children to stay away from drains and install safety drain covers.

Always wear sunscreen and drink plenty of fluids.

Swimming in the cool water can hide signs of sunburns and dehydration. Reapply sunscreen, even if it is waterproof, and drink plenty of water or fluids without caffeine.

■ CLUBS & ORGANIZATIONS

Animal Care Center	562-430-4993
American Youth Soccer (AYSO)	www.ayso159.org
Beach Cities LaCrosse	714-719-6470
CPENA	sealbeachcpena@hotmail.com
Chamber of Commerce	General Info: 562-799-0179 www.sealbeachchamber.org
Food Finders	Patti Larson – 562-598-3003
Friends of the Mary Wilson Library	Tom Blackman – 562-431-7415
Girl Scouts of Orange County	949-461-8800
Historical Society Red Car Museum	562-430-1450
International Friendship Assoc.	Claire Yeh – 562-431-5414
Interval House – Women's Shelter	562-594-9492
League of Women Voters	Marilyn DeWitt – 562-431-7575
Los Al/Seal Beach Football	LosALFNL.com
LOTE Volunteer Organization	Barbara Barton – 562-596-3497
McGaugh School PTA	Isabelle McFadden – 562-596-1199
MOMS Club of Seal Beach	Veronica Vallejo – 562-493-0543 www.momsclubofsb.org
Moms Club of Seal Beach-Old Town	www.momscluboldtown.com
Republican Women's Club	Phyllis Steiner – 714-826-7022
R.O.C.K. Raising Our Celiac Kids	Christie Scales – 562-799-2060
Rotary Club of Seal Beach & Los Alamitos	Patricia Efkenzai – 562-431-9400
Run Seal Beach	RunSealBeach.com
Save Our Beach	www.saveourbeach.org
Seal Beach Arts & Crafts Faire	belinda www.sealbeachartsandcrafts.com
Seal Beach Beauty Pageant	Rosie Ritchie – 562-810-0078
Seal Beach Lions Club	Scott Newton – 562-537-3955
Seal Beach Leo Club	Scott Newton – 562-537-3955
Seal Beach Pony Baseball	www.sbpony.com
Seal Beach TV 3 Community Access	562-596-1404
Seal Beach Swim Club	562-430-1092
Seal Beach Speech Bums Toastmasters	Ed Smith – 714-996-5864 edlosmith@roadrunner.com
Seal Beach Volleyball Club	714-504-6326 www.sealbeachvolleyballclub.com
Seal Beach Wildlife Refuge	562-598-1024
Surfrider Foundation	Mike Balchin – 562-397-3658 mebahh2o@msn.com
Special Olympics So California-OC	Jimmy Wong – 714-564-8374
Trees for Seal Beach	714-235-0880
Woman's Club of Seal Beach	Judy O'Neil 562-598-0718

■ TRASH

Republic Services	(800) 299- 4898 www.republicservices.com
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■ STREET SWEEPING

R.F. Dickson	(800) 573-3222
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■ SEAL BEACH WATER BILLING

Water Billing	(562) 431-2527 x1309
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■ CITY & GOVERNMENT OFFICES

Seal Beach City Hall	562-431-2527
Community Services Office	General Info: 562-431-2527, x1344
Los Al Unified School District	562-799-4700
McGaugh School Office	562-799-4560
Police Dept, non-emergency	562-799-4100
Police Substation	562-431-1518
SB Lifeguard Headquarters	562-430-2613
SB Com Pool @ McGaugh School	562-430-9612
Community Senior Serv	Senior lunch program: 562-430-6079
Senior Transportation (SB ONLY)	562-439-3699
Main Post Office (Westminster)	562-596-5546
Leisure World	562-431-6586
Fire Main Line	714-573-6000
Fire Information	714-573-6200

■ RECREATION & COMMUNITY SERVICES

Los Alamitos Recreation	562-430-1073
Los Alamitos Youth Center	562-493-4043
Rossmoor Comm. Services Dist	562-430-3707

■ LIBRARIES

Leisure World Library	562-431-1611
Mary Wilson Library	562-431-3584
Rossmoor/Los Alamitos Library	562-430-1048

■ PRESCHOOL

Growing Tree	562-430-2434
Sun N Fun	562-430-4384
Seal Beach Playgroup	562-594-0066
Marley's Preschool	562-598-2900

■ LOCAL NEWS

Seal Beach TV 3 (Community Access)	562-596-1404
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■ COMMUNITY SERVICES DEPARTMENT

Hours of Operation	Monday-Friday; 8am - 5pm Closed Daily 12-1pm
Address	211 8th Street, Seal Beach, CA 90740 (562) 431-2527

- Ext. 1307 – Adult Sports, General Information and Classes
- Ext. 1341 – Athletic Fields, Aquatics, Gym Reservations, Film Permits and Seal Beach Tennis Center
- Ext. 1339 – Facility/Park Rentals and Special Event Permits
- Ext. 1344 – General Information, Brochure/Classes and Instructors, Community Gardens and Swim Lessons





Summer Concert Series 2017

6-8 p.m. • Eisenhower Park

- July 5 Kelly Rae Band (Country)
- July 12 Elm Street Band (Rock Cover)
- July 19 LAvation (U2 Tribute)
- July 26 Flying Squad (Local Cover Band)
- Aug 2 The Emperors (Rock and Roll Covers)
- Aug 9 Abbey Road (Beatles Tribute)
- Aug 16 Escape (Journey Tribute Band)
- Aug 23 FlashBack Heart Attack (80's cover)

The Chamber and City of Seal Beach, along with individual band sponsors have made these events free to the public. The concerts will run every Wednesday evening from 6 to 8 p.m. starting July 6 through August 24 at Eisenhower Park next to the Seal Beach Pier. In order to ensure there is enough space for all residents to enjoy the concerts, please do not set unattended chairs or any other items to reserve spots until after 4 p.m. All chairs and items that are in the park before 4 p.m. must be accompanied at all times, and limited to space accommodating up to four people. If left unattended, your belongings will be picked up and held at the chamber booth for pickup and your space will be forfeited. Please contact the Seal Beach Chamber of Commerce at (562) 799-0179 for additional information.

Summer Send-Off

Saturday, August 26th
Heather Park
5:30 p.m.

FOOD • MOVE IN THE PARK • GAMES



National Night Out

Tuesday, August 1 • 6 p.m.

Target Town Center, 12300 Seal Beach Blvd.

National Night Out (NNO) is a designated evening when communities across America come together to take a stand against crime, drugs and disorder in their neighborhoods. This year the Seal Beach Police Department will again be partnering with members of the community to affirm our conviction against crime and disorder, and to promote personal preparedness at the Target Town Center. The Police Department, along with Seal Beach Marine Safety, Community Services, Public Works, and Target Stores bring you a night of information, interaction with public safety and fun. For more information, call the Police Department at 562-799-4100 ext. 1145.

Seal Beach Lions Fish Fry

Saturday, July 15 • 11 a.m.-7 p.m.

Sunday, July 16 • 11 a.m.-6 p.m.

Eisenhower Park

Fish and Chips will sizzle along with bratwurst, jumbo hot dogs and other great foods. What started 72 years ago as a celebration of the local harvest, is now the longest running event in Seal Beach. Local bands will play continuously throughout the weekend for the many locals and visitors who come out to support the Lions in their effort to improve our community and help the needy. There is no charge to attend this iconic seal Beach event hosted by the Seal Beach Lions Club. For additional information, visit www.sealbeachlions.org

Rough Water Swim

Saturday, June 24

Seal Beach Pier at Eisenhower Park

Everyone is welcome! Race distances consist of a 3-mile, 1-mile and kid's swim with distances based upon age. For additional event information, please contact Maria Fattal at (562) 430-1092 or visit www.sealbeachswimclub.org.



When rebellious **Katherina** stands in the way of her younger sister's marriage, Petruchio is enlisted to "tame" the elder daughter, freeing a path for Bianca's motley suitors. From their first meeting, sparks fly and the ultimate battle of the sexes ensues—leaving us to wonder, who is taming who?

the Taming of the Shrew

Directed by Cylan Brown

SUNDAY, AUGUST 6, 2017 • 7:00PM

Eisenhower Park • The Pier, Main & Ocean Ave., Seal Beach

* **ADMISSION IS FREE** *

For audiences seeking quality family entertainment, this free performance can't be beat. Pack a picnic, bring a blanket and beach chair and settle in under the stars for a time of classic entertainment.

BE A SPONSOR WITH BENEFITS!
VISIT SEALBEACHARTS.ORG
OR CALL (562) 429-3992 FOR INFO

Dance & Gymnastics Camps

Cute Baby Animals Art Camp!

Anne Pennypacker, Marina Community Center, 151 Marina Dr

Have you ever seen how adorable Japanese squirrels are, or how silly baby giraffes look? This exciting camp will make learning about different animals and their environments tons of fun! We'll play animal inspired games, discuss cool animal facts and better yet, every day using several art mediums we'll create museum worthy masterpieces for our exhibit at camp's end! \$20 material fee due at first class meeting.

327040-01 1 week Mon-Fri 6/19-6/23 9:30-11am 5-12 yrs \$128

Storybook Adventure!

Anne Pennypacker, Marina Community Center, 151 Marina Dr

Every day begins a new adventure into a world of dance and imagination. Through storytelling, children will dance, and dress up creating an exciting journey into the land of fairytales: pirates, magicians, princesses and more! We'll create costumes to put on a magical show at camp's end! \$15 material fee due at first class meeting.

327044-01 1 week Mon-Fri 6/19-6/23 11am-1pm 4-7 yrs \$148

Perfect Pixies & Fabulous Fairies

Anne Pennypacker, Marina Community Center, 151 Marina Dr

Do you believe? With a sprinkle of pixie dust we'll journey to a fantasy land where fairies dance the days away. From flower fairies to secret garden games, every day will be a magical new adventure. We will create our own pixie dust and fairy wings to wear for our special show at camp's end. \$15 material fee payable to instructor on the first day of camp.

327053-01 1 week Mon-Fri 7/31-8/4 9:30-11am 4-7 yrs \$128



Enchanted Princess Camp

Anne Pennypacker, Marina Community Center, 151 Marina Dr

Come dream of far off lands, enchanted forests full of unicorns and fairies where fairytales do exist. Princesses will sing, dance, and create magical costumes to wear for the happy ending- our ENCHANTING SHOW at camp's end! \$15 material fee payable to instructor on the first day of camp.

327049-01 1 week Mon-Fri 7/24-7/28 9:30-11am 4-7 yrs \$128

Olympian Gymnastics Camp

Anne Pennypacker, Marina Community Center, 151 Marina Dr

Tumble on in for a week of acrobatic fun! From roundoffs to backbends, bridges and beam, we'll be our own Olympic team! We'll create team tees for a gold medal performance at camp's end! \$15 material fee payable to instructor on the first day of class.

327047-01 4 days Tue-Fri 6/20-6/23 1-3pm 5-12 yrs \$148

327047-02 4 days Tue-Fri 8/15-8/18 12-2pm 5-12 yrs \$148

Hip Hop Dance Camp

Anne Pennypacker, Marina Community Center, 151 Marina Dr

High energy, pumping music and tons of fun! This camp will not only get everyone dancing to upbeat (and appropriate) music, but we'll throw down mats and do some tumbling too. We'll make our own Breakin' Funky T-Shirts to perform in at weeks end! \$15 material fee payable to instructor at first class.

327043-01 1 week Mon-Fri 7/10-7/14 9:30am-12pm 5-12 yrs \$148

327043-02 1 week Mon-Fri 8/7-8/11 9:30am-12pm 5-12 yrs \$148

Fashion Friends

Anne Pennypacker, Marina Community Center, 151 Marina Dr

Bring your best friends and make new friends at this stylish week long fashion extravaganza! We'll explore decades of fashion history, perform a runway inspired dance, design our own look books and create fashionable totes to put them in. We'll sketch amazing fashions and make friendship bracelets to rock at the couture show at camps end. \$15 material fee payable to instructor on the first day of camp.

327054-01 4 days Tue-Fri 7/11-7/14 12-2pm 5-12 yrs \$128

Musical Madness!

Anne Pennypacker

Marina Community Center, 151 Marina Dr

Casting singers, actors, performers! Gear up for a week of exploring theatre and the art of mastering a performance. Students will dance with props, hold auditions, create costumes and more! Curtains open at weeks end for a show not to be missed! \$15 material fee payable to instructor on the first day of camp.

327052-01 1 week Mon-Fri 7/24-7/28 11am-1pm 5-12 yrs \$148

Minions & Monsters Camp

Anne Pennypacker

Marina Community Center, 151 Marina Dr

Enrolling all minions and monsters now! We'll create our own minions, monster masks and do a hip hop inspired dance to perform at camp's end. Rarr! \$15 material fee payable to instructor on the first day of camp.

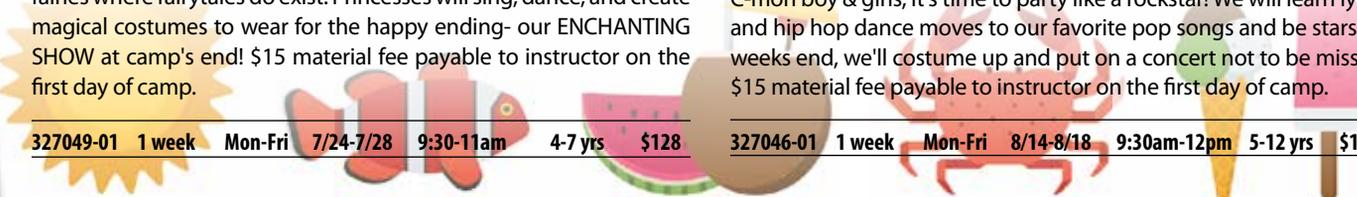
327051-01 4 days Tue-Fri 7/25-7/28 1-3pm 4-8 yrs \$128

Rockstar Popstar

Anne Pennypacker, Marina Community Center, 151 Marina Dr

C-mon boy & girls, it's time to party like a rockstar! We will learn lyrics and hip hop dance moves to our favorite pop songs and be stars! At weeks end, we'll costume up and put on a concert not to be missed! \$15 material fee payable to instructor on the first day of camp.

327046-01 1 week Mon-Fri 8/14-8/18 9:30am-12pm 5-12 yrs \$148



Superhero Gymnastics

Anne Pennypacker, Marina Community Center, 151 Marina Dr

Boys & Girls! Run Fast! Jump High! Leap Far! Join Miss Anne in an action packed gymnastics camp. "Superheroes" will learn tumbling skills & create their own super-powered costumes! \$15 material fee payable to instructor on the first day of camp.

327048-01	1 week	Mon-Fri	7/31-8/4	11am-1pm	4-7 yrs	\$148
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The Amazing Astronauts & Art Camp

Anne Pennypacker, Marina Community Center, 151 Marina Dr

Fusing art and science together for an out of this world experience! Not only will we explore planets and stars, but art history such as Andy Warhol's Moonwalk 1. Every day our budding artists will create a masterpiece using various artistic media. From sketching to painting, we'll create an art exhibit at camp's end that will shine like the moon! \$20 material fee due at first class meeting.

327042-01	4 days	Tue-Fri	8/1-8/4	1-3pm	5-12 yrs	\$128
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Magizoology:

The Fantastic Beasts Art Camp

Anne Pennypacker, Marina Community Center, 151 Marina Dr

Enrolling all muggles for a wizardly week of Potter-themed art! Discover and draw your patronus animal, and explore the depths of magizoology: griffins, dragons, centaurs, unicorns and more! Using various artistic media through the week, we'll have a collection worthy of the walls of Hogwarts for a magical presentation at camp's end! \$20 material fee payable to instructor at first day of camp.

327045-01	1 week	Mon-Fri	8/7-8/11	12-2pm	5-13 yrs	\$148
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Build It Workspace Camps

Build It Tech Spaces Junior Camp

Build It Workspace, 4388 Cerritos Ave

Unleash every child's tech passion through the different creative spaces at Build It Workspace. From traditional woodworking and fiber art to computer coding and digital avatar creation, Build It Workspace makes the perfect blend for age appropriate activities and challenges between the physical and digital worlds from 3d printing through robotics.

313082-01	1 week	Mon-Fri	6/26-6/30	9am-12pm	5-9 yrs	\$250
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313082-02	1 week	Mon-Fri	7/10-7/14	9am-12pm	5-9 yrs	\$250
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313082-03	1 week	Mon-Fri	7/24-7/28	9am-12pm	5-9 yrs	\$250
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313082-04	1 week	Mon-Fri	8/7-8/11	9am-12pm	5-9 yrs	\$250
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Build It Tech Spaces Camp

Build It Workspace, 4388 Cerritos Ave

Unleash every child's tech passion through the different creative spaces at Build It Workspace. From traditional woodworking and fiber art to computer coding and digital avatar creation, Build It Workspace makes the perfect blend for age appropriate activities and challenges between the physical and digital worlds from 3d printing through robotics.

313083-01	1 week	Mon-Fri	6/26-6/30	9am-12pm	10-16 yrs	\$250
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313083-02	1 week	Mon-Fri	7/10-7/14	9am-12pm	10-16 yrs	\$250
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313083-03	1 week	Mon-Fri	7/24-7/28	9am-12pm	10-16 yrs	\$250
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313083-04	1 week	Mon-Fri	8/7-8/11	9am-12pm	10-16 yrs	\$250
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Volleyball Camps

Coed Beach Volleyball Camp

Maria Fattal

10th Street Beach, 10th St @ Ocean Ave

Dive into the sand for summer volleyball action! Experienced coaches from Seal Beach Volleyball Club will lead these one-week camps. Fundamentals taught then reinforced in games. All sessions held Southside of pier. Dates subject to change.

333063-01	1 week	Mon-Fri	6/19-6/23	9-11am	10-14 yrs	\$125
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333063-02	1 week	Mon-Fri	6/26-6/30	9-11am	10-14 yrs	\$125
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333063-03	1 week	Mon-Fri	7/10-7/14	9-11am	10-14 yrs	\$125
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333063-04	1 week	Mon-Fri	7/17-7/21	9-11am	10-14 yrs	\$125
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Skateboarding Summer Camp

Skatedogs

Skatedogs

Little Cottonwood Park, 4000 Farquhar, Los Alamitos

Whether you are just learning or ready to learn advanced tricks, this camp is right for you. Make new friends, advance your skills and most importantly, have fun in our private skatepark. Requirements: A signed Skatedogs waiver form, a "trick" skateboard, knee pads, elbow pads and a helmet. Visit skatedogs.com to view our online skateboard customizer and to learn more about what type of skateboard to bring. No Class 7/4

323150-01	1 week	Mon-Fri	7/3-7/7	3:30-6:30pm	5-13 yrs	\$135
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323150-02	1 week	Mon-Fri	8/14-8/18	8:30-11:30am	5-13 yrs	\$169
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323150-03	1 week	Mon-Fri	8/21-8/25	8:30-11:30am	5-13 yrs	\$169
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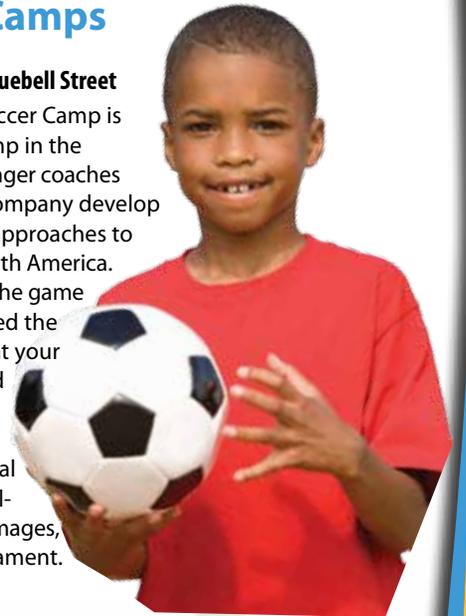
Challenger Sports Camps

British Soccer Camps

Challenger Sports Coaches

Bluebell Park, Almond Ave & Bluebell Street

Challenger Sports' British Soccer Camp is the most popular soccer camp in the country. Hundreds of Challenger coaches each year have helped the company develop one of the most innovative approaches to coaching youth soccer in North America. Our experienced staff study the game at all levels and have identified the key techniques and skills that your players need to work on, and master, to reach their true potential. Each day includes: Individual foot skills, technical drills, tactical practices, small-sided games, coached scrimmages, and a daily World Cup tournament.



First Kicks

323170-01	1 week	Mon-Fri	7/24-7/28	8-9am	3-5 yrs	\$80
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Half-day Camp

323170-02	1 week	Mon-Fri	7/24-7/28	9am-12pm	6-16 yrs	\$140
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Full-day Camp

323170-03	1 week	Mon-Fri	7/24-7/28	9am-4pm	7-16 yrs	\$180
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One on One Basketball Camps

Basketball Camp

**One on One Basketball, Inc.
McGaugh Campus Gym, 1698 Bolsa Ave**

Join our highly-experienced adult staff for proven fundamental training and an awesome time. We will focus on proper technique and athletic motor skills that will help your child develop as an athlete and a teammate. Throughout these lessons, your child will learn the importance of teamwork, perseverance, good sportsmanship, communication, and maintaining a positive attitude. Bring a snack for half-day camps and bagged lunch for full-day camps. All campers receive a camp t-shirt.

Half-day Camps

323040-01	1 week	Mon-Fri	6/19-6/23	9am-12pm	5-13 yrs	\$137
323040-02	1 week	Mon-Fri	7/10-7/14	9am-12pm	5-13 yrs	\$137
323040-03	1 week	Mon-Fri	7/31-8/4	9am-12pm	5-13 yrs	\$137

Full-day Camps

323040-04	1 week	Mon-Fri	6/19-6/23	9am-3pm	5-13 yrs	\$227
323040-05	1 week	Mon-Fri	7/10-7/14	9am-3pm	5-13 yrs	\$227
323040-06	1 week	Mon-Fri	7/31-8/4	9am-3pm	5-13 yrs	\$227

Dual Sports Camp

**One on One Basketball, Inc.
McGaugh Campus Gym, 1698 Bolsa Ave**

One on One's Dual Sports Camps offer the best of both worlds! We'll spend time each day working on our basketball skills in the gym, and we will compete in the summer sun playing an awesome outdoor sport. Dual Sport Camps are fun, fast-moving, and a great learning experience! Bring a bagged lunch and sunscreen please. All campers receive a t-shirt.

Full-day Camps

323041-03	1 week	Mon-Fri	6/26-6/30	9am-3pm	5-13 yrs	\$227
323041-04	1 week	Mon-Fri	7/17-7/21	9am-3pm	5-13 yrs	\$227

Skyhawks Camps

Skyhawks Mini-Hawk Multi-Sport Camp

**Skyhawks Sports Staff
College Estates Park, 808 Stevelly Ave, Long Beach**

This baseball, basketball, and soccer program gives children a fun and positive first step into athletics. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace. All participants receive a t-shirt, ball and a merit award.

323180-01	1 week	Mon-Fri	8/14-8/18	9am-12pm	4-7 yrs	\$179
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Skyhawks Basketball Camp

**Skyhawks Sports Staff
College Estates Park, 808 Stevelly Ave, Long Beach**

This fun, skill-intensive program is designed for beginning to intermediate players. An active week of passing, shooting, dribbling, and rebounding makes this one of our most popular programs. Our basketball staff will also focus on respect, teamwork and responsibility. All participants receive a t-shirt, basketball, and player evaluation.

323183-01	3 days	Wed-Fri	7/5-7/7	9am-12pm	6-12 yrs	\$145
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Skyhawks Flag Football Camp

**Skyhawks Sports Staff
College Estates Park, 808 Stevelly Ave, Long Beach**

Campers learn skills on both sides of the football including the core components of passing, catching, and defense - all in a fun and positive environment. The week ends with the Skyhawks Super Bowl! All participants receive a t-shirt, football, and player evaluation.

323184-01	1 week	Mon-Fri	7/24-7/28	9am-12pm	6-12 yrs	\$179
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Edutainment Art Camps

California Summer Camp – at the Beach!

**Edutainment Arts
1st Street Beach, 1st St @ Ocean Ave**

We will play in the sand by the water building sand castles; play fun beach games, like beach soccer, dodge ball, and tug of war. We will sign songs and make crafts- make friends and be silly! Enjoy the beach and love your California Summer like it was meant to be. Bring your sun screen for a summer you will always remember.

323159-01	1 week	Mon-Fri	6/19-6/23	8am-11am	6-12 yrs	\$167
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Sewing Camp

**Edutainment Arts
Marina Community Center- Small Room, 151 Marina Dr**

Learn the basics from sewing on a button to stitching and hemming. Campers will hem clothing, make their own pin cushion and create a plush animal to bring home. They will work on different disciplines of sewing every day while creating a week-long project that they will bring home. No experience necessary. \$10 material fee due to instructor at first day of camp.

323165-01	1 week	Mon-Fri	6/19-6/23	9am-12pm	7-12 yrs	\$167
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Star Wars Camp

Edutainment Arts

Seal Beach Tennis Center Activity Room, 3900 Lampson Ave

It's Jedi Training Time at Camp! Learn to use the force and how to operate a Lightsaber. Campers will build a Jedi costume, be issued a practice saber, and be taught the positive aspects of being a Jedi. Basic stage combat will be taught for safe saber sparing. Yoda will help us get in time with the force. Crafts will build our Jedi arsenal. And Jedi games and competitions will be held to help strengthen our commitment to the force.

323167-01 1 week Mon-Fri 6/19-6/23 9am-12pm 6-12 yrs \$167



Top Chef Cooking Camp

Edutainment Arts, Marina Community Center, 151 Marina Dr

Our goal: open a restaurant in one week! Campers will learn food handling skills and hygiene and then learn how to make several delicious and fun dishes. Crafts and games are used to keep the cooking fun. Our restaurant is open at the end of the week for family and friends. (2 guests per student enrolled allowed at the final days meal.) \$20 material fee payable to instructor at first day of camp.

323162-01 1 week Mon-Fri 7/17-7/21 9am-12pm 7-12 yrs \$167

Top Chef – Dessert Shop

Edutainment Arts

Fire Station 48 Community Room, 3131 N Gate Rd.

Make a different dessert, sweets, and other foods your parents don't want you to have too much of. It's time for sugar and spice. Crafts and games are used to keep the cooking fun. On Friday, have a tasting of all your goodies for family and friends. (2 guests per student enrolled allowed at the final days meal). \$20 material fee payable to instructor at first day of camp.

323162-02 1 week Mon-Fri 7/24-7/28 9am-12pm 7-12 yrs \$167

Top Chef – Around the World

Edutainment Arts

Fire Station 48 Community Room, 3131 N Gate Rd.

Your camper will learn how to make dishes from a variety of different cultures, including but not limited to: Latin American, Asian, American, Italian, Indian and others (regional foods presented in camp depend on our teachers specialties, camper dietary restrictions and interests). On Friday, have a tasting of all your fantastic eats for family and friends. (2 guests per student enrolled allowed at the final days meal). \$20 material fee payable to instructor at first day of camp.

323162-03 1 week Mon-Fri 7/31-8/4 9am-12pm 7-12 yrs \$167



Ultimate Survival

Edutainment Arts

Seal Beach Tennis Center Activity Room, 3900 Lampson Ave

Are you prepared if you get lost in the wilderness or desert? Are you prepared in case there is a major earthquake, storm, or even a zombie Apocalypse? Then get prepared. Learn about the survival skills you and everyone around you should know. Following survivalists' Rules of Three we teach shelter building, water collection, first aid, fire skills and signaling for help. We'll also explore what you need for a survival kit. Role playing and games keep the lessons positive and fun. This is the one camp your life may depend on.

323169-01 1 week Mon-Fri 7/31-8/4 9am-12pm 7-12 yrs \$167

YouTuber

Edutainment Arts

Marina Community Center- Small Room, 151 Marina Dr

Log in and create videos with your friends. This new camp is designed to get campers' creative juices flowing and learn the techniques to write, direct, star and edit for YouTube and Podcasts. We will be creating a private YouTube page for campers to upload and view other campers' videos safely.

323164-01 1 week Mon-Fri 8/14-8/18 9am-12pm 8-13 yrs \$167

IncrediFlix Camps

Star Wars Live Action Flix

Incrediflix Inc.

Seal Beach Tennis Center Activity Room, 3900 Lampson Ave

Use the Force to write, direct, film, and star in your very own Star Wars Live Action Movie! You can be a Jedi Knight, a Sith Lord, an X-Wing Tie Fighter pilot, or even a cool droid like R2-D2 or C3PO in an original Star Wars movie you create! Kids will work together on the movie going through the Hollywood process from "Action" to "Cut" and "That's a Wrap!" Come join the fun, and May the Force be with you! *Flix downloadable within a month after camp ends. \$30 production fee due at first class.

327216-01 1 week Mon-Fri 7/17-7/21 9am-12pm 7-13 yrs \$164

Lego Flix

Incrediflix Inc.

Seal Beach Tennis Center Activity Room, 3900 Lampson Ave

We know you love Legos and can create incredible Lego worlds, now it's time to bring those worlds to life in Lego stop-motion animated flix! We provide the Legos, and you provide your imagination. Students will create a Lego set with Lego characters for a movie they storyboard, write, shoot, and voice-over in age-appropriate groups. \$30 production fee due at first class.

327217-01 1 week Mon-Fri 7/17-7/21 1-4pm 7-13 yrs \$164

Star Wars Live Action & Lego Flix Full Day

Incrediflix Inc.

Seal Beach Tennis Center Activity Room, 3900 Lampson Ave

In the mornings use the Force to write, direct, film, and star in your very own Star Wars Live Action Movie! Afternoons are for Lego stop motion movies. We know you love Legos and that you can create incredible worlds. Now it's time to bring those worlds to life! Lunch supervision included at no cost! \$60 production fee due at first class.

327218-01 1 week Mon-Fri 7/17-7/21 9am-4pm 7-13 yrs \$288

Stop Motion Tricks & Effects

Incrediflix Inc.

Seal Beach Tennis Center Activity Room, 3900 Lampson Ave

Begin your stop motion movie making career with a BANG! Ever wonder how they do that cool effect? We can teach you! In this program we pull back the curtain and reveal how stop-motion movie magic is made as kids will learn how to create special effects for their stop motion movies. Kids will work in groups to create and film effects from water to fire or even flying! *Flix downloadable within a month after camp ends. \$30 production fee due at first class.

327213-01 1 week Mon-Fri 8/7-8/11 9am-12pm 9-13 yrs \$164

Star Wars Stop Motion Flix

Incrediflix Inc.

Seal Beach Tennis Center Activity Room, 3900 Lampson Ave

From a Galaxy far far away, to a summer location near you. Star Wars stop motion movie making! Create your very own Star Wars characters and bring them to life using the magic of Stop Motion Animation. Students will create characters and sets for an original Star Wars movie they storyboard, write, shoot, and voice-over in age-appropriate groups. *Flix downloadable within a month after camp ends. \$30 production fee due at first class.

327214-01 1 week Mon-Fri 8/7-8/11 1-4pm 9-13 yrs \$164

Stop Motion Tricks & Effects and Star Wars Stop Motion Full Day

Incrediflix Inc.

Seal Beach Tennis Center Activity Room, 3900 Lampson Ave

Ever wonder how they do that cool effect? We can teach you! In the mornings we pull back the curtain and reveal how stop-motion movie magic is made as kids will learn how to create special effects for their stop motion movies. In the afternoons, kids make Star Wars characters and sets to create a Star Wars movie that they storyboard, write, shoot, and voice-over in age-appropriate groups! Lunch supervision included at no cost! \$60 production fee due at first class.

327215-01 1 week Mon-Fri 8/7-8/11 9am-4pm 9-13 yrs \$288



Mad Science Camps

Crazy Chemworks

O.C. Mad Science

Marina Community Center- Large Room, 151 Marina Dr

Come and discover what it's like to be a real scientist and work in a Mad Science Lab. Each day we will experiment with different chemicals and tools to see what kind of interesting and crazy reactions we can create! Students will explore acids and bases, reveal the secret recipe of slime and examine crystallization. By the end of the week the Jr. Mad Scientists will have their very own chemistry set so they can perform their own experiments at home! \$30 materials fee due the first day of class.

327204-01 1 week Mon-Fri 6/26-6/30 9am-12pm 5-12 yrs \$155

Rockin' Rockets

O.C. Mad Science

Marina Community Center- Small Room, 151 Marina Dr

Aerodynamics and Motion are the stars of this fun filled week! Design and build everything from kites to planes to ROCKETS! Experiment with different propulsion systems as you use your new knowledge to blast off, track and recover all kinds of Flying Machinery! Have a rockin' good time at this rocket camp! \$30 materials fee due the first day of class.

327205-01 1 week Mon-Fri 7/10-7/14 9am-12pm 5-12 yrs \$155

Little Scientist Preschool Lab

O.C. Mad Science

Marina Community Center- Small Room, 151 Marina Dr

Investigate the science of nature with this fun summer camp for the youngest of scientist. Cultivate your interest in life science as you learn about insects, weather, plants and soil. Experience fun hands-on experiments in this week-long lab. Parents requested not to stay during class. Must be potty trained. Instructor:Student ratio is 1:8. \$30 materials fee is due the first day of class.

327202-01 1 week Mon-Fri 7/17-7/21 9am-12pm 3-5 yrs \$170

Robots 101

O.C. Mad Science

Marina Community Center- Small Room, 151 Marina Dr

I am a RO-BOT! Join us for a week of FUN with amazing robots! Learn about the uses of robots in our world and spend time experimenting with circuitry and learn how robots use sensors to explore the things around them. Use your skills to build your very own working robot to take home with you! \$30 materials fee due the first day of class.

327203-01 1 week Mon-Fri 7/24-7/28 9am-12pm 8-12 yrs \$165

NASA Jr. Astronauts

O.C. Mad Science

Marina Community Center- Small Room, 151 Marina Dr

Join our Academy of Future Space Explorers. Build your own model rocket, race a balloon rocket, and then see the real thing - a rocket launch up to 300 ft. in the air! Use teamwork to complete an important space mission. Make and take home your own comet, Space Copter and much more. This NASA camp is 'Out of this World!' \$30 materials fee due the first day of class.

327200-01 1 week Mon-Fri 8/7-8/11 9am-12pm 5-12 yrs \$155

Jr. Forensics Lab

O.C. Mad Science, Marina Community Center- Large Room, 151 Marina Dr

Mad Science Investigators: Focus on the science of Forensics in this hands-on look at crime scenes. Identify and collect evidence, from fingerprints to tracks to trash! Recreate the scene of a crime using clues and detailed observations. Campers will use science to connect the dots and help sniff out the suspects in this hands-on investigation into the science of sleuthing. \$30 materials fee is due the first day of class.

327206-01 1 week Mon-Fri 8/21-8/25 9am-12pm 5-12 yrs \$155

Play-Well TEKnologies Camps

Intro to STEM using LEGO

Play-Well TEKnologies

Marina Community Center- Small Room, 151 Marina Dr

Tap into your imagination with tens of thousands of LEGO®! Build engineer-designed projects such as Boats, Snowmobiles, Catapults, and Merry-Go-Rounds. Then use special pieces to create your own unique design! New and returning students can explore the endless creative possibilities of the LEGO® building system with the guidance of an experienced Play-Well instructor.

313057-01 1 week Mon-Fri 6/26-6/30 9am-12pm 5-6 yrs \$185

STEM Challenge using LEGO

Play-Well TEKnologies

Marina Community Center- Small Room, 151 Marina Dr

Power up your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO®! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as Catapults, Pneumatic Cranes, Arch Bridges, and Battletracks! Design and build as never before, and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level.

313057-02 1 week Mon-Fri 6/26-6/30 1-4pm 7-12 yrs \$185

Jedi Engineering using LEGO

Play-Well TEKnologies, Fire Station 48 Community Room, 3131 N Gate Rd.

Young Jedi will explore worlds far, far away and engineering principles right in front of them. Defeat the Empire by designing LEGO® X-Wings, R2-units, and settlements on far-flung edges of the galaxy. Imagination and engineering combine to create motorized and architectural projects such as energy catapults, shield generators and defense turrets.

313057-03 1 week Mon-Fri 7/17-7/21 9am-12pm 5-6 yrs \$185

Jedi Master Engineering using LEGO

Play-Well TEKnologies, Fire Station 48 Community Room, 3131 N Gate Rd.

The Force is strong in this class. Build complex machines and structures based on the best designs from a galaxy far, far away. Projects include LEGO X-Wings, AT-AT Walkers, Pod Racers, Star Destroyers, Cloud Cities, settlements, and fortresses. Play-Well's Jedi instructors reinforce key engineering concepts such as gear trains, worm drives, pneumatics, eccentric motion and more as students tap into the powerful forces of imagination and engineering.

313057-04 1 week Mon-Fri 7/17-7/21 1-4pm 7-12 yrs \$185

Long Beach Marine Institute Camps

Squirmy, Slimy & Spineless!

Long Beach Marine Institute

Boy Scout Sea Explorer Base

5875 Appian Way, Long Beach

Venture into the land of invertebrates, no backbone required! These amazing animals include more than 98% of all animal species! See firsthand how an octopus changes color and texture to avoid predators while exploring local tidepools. Discover how sea urchins and sea anemones live in a constantly changing habitat, with dangers lurking around every corner! This week is filled with exciting crafts, activities and field trips to keep campers excited and engaged. Read all the details at Long Beach Marine Institute website: www.longbeachmarine.org

327223-01 1 week Mon-Fri 6/19-6/23 9am-3pm 5-7 yrs \$207

327223-02 1 week Mon-Fri 6/19-6/23 9am-3pm 8-9 yrs \$207

327223-03 1 week Mon-Fri 6/19-6/23 9am-3pm 10-12 yrs \$207

327223-04 1 week Mon-Fri 7/24-7/28 9am-3pm 5-7 yrs \$207

327223-05 1 week Mon-Fri 7/24-7/28 9am-3pm 8-9 yrs \$207

327223-06 1 week Mon-Fri 7/24-7/28 9am-3pm 10-12 yrs \$207

Mysteries of the Deep

Long Beach Marine Institute

Boy Scout Sea Explorer Base

5875 Appian Way, Long Beach

Ever wonder what lives in the darkest depths of the sea? Campers will explore the mysteries of the deep and discover the secrets of the ocean! They will learn about the amazing adaptations and abilities of the strange creatures that live in this unfamiliar habitat. Campers will partake in hands-on activities and experiments to demonstrate the harshness of this environment. Read all the details at Long Beach Marine Institute website: www.longbeachmarine.org

327221-01 3 days Wed-Fri 7/5-7/7 9am-3pm 5-7 yrs \$157

327221-02 3 days Wed-Fri 7/5-7/7 9am-3pm 8-9 yrs \$157

327221-03 3 days Wed-Fri 7/5-7/7 9am-3pm 10-12 yrs \$157

Liquid Jungles of the Sea

Long Beach Marine Institute

Boy Scout Sea Explorer Base

5875 Appian Way, Long Beach

Travel through the amazing liquid jungles found just below the surface of our oceans! The world of fish and their habitats is vast and diverse. This week will cover many different ocean environments such as kelp forests and coral reefs, and illustrate why each habitat is unique not only in structure but in resources for inhabitant survival as well. Campers will learn about the fastest growing forest in the world and realize that coral reefs are complex aggressive predators. Most of all, the campers will understand how important these habitats really are, not only to the ocean but to humans as well. Read all the details at Long Beach Marine Institute website: www.longbeachmarine.org

327224-01 1 week Mon-Fri 7/10-7/14 9am-3pm 5-7 yrs \$207

327224-02 1 week Mon-Fri 7/10-7/14 9am-3pm 8-9 yrs \$207

327224-03 1 week Mon-Fri 7/10-7/14 9am-3pm 10-12 yrs \$207

327224-04 1 week Mon-Fri 8/7-8/11 9am-3pm 5-7 yrs \$207

327224-05 1 week Mon-Fri 8/7-8/11 9am-3pm 8-9 yrs \$207

327224-06 1 week Mon-Fri 8/7-8/11 9am-3pm 10-12 yrs \$207

Young Rembrandts Art Camps

Fashion Runway Tween Style

Young Rembrandts Staff
Seal Beach Tennis Center Activity Room, 3900 Lampson Ave

Join us for 5 days of fashion design and drawing, layering and styling tons of dazzling accessories. The perfect workshop for the fashionista in your family! Students will learn to draw portraits, figures and tons of the latest 'tween fashion trends. Hurry and enroll now, this favorite workshop fills up fast!

323155-01 1 week Mon-Fri 7/10-7/14 9am-12pm 6-12yrs \$197

Fashion Runway

Young Rembrandts Staff
Seal Beach Tennis Center Activity Room, 3900 Lampson Ave

This stylish Young Rembrandts workshop is tailored for the aspiring fashionista. Join us for 5 days of runway chic as we illustrate the various aspects of fashion design. Step into the shoes of a fashion magazine editor as you design and draw an eye-catching fashion magazine cover. And let's not forget about the purses! Design the perfect purse to go along with the outfit of your dreams. And finally, draw your model stepping out onto the runway in your fashion originals. If you love to design clothes and are hip to the latest fashions, this drawing workshop is a perfect fit.

323152-01 1 week Mon-Fri 7/10-7/14 12:30-3:30pm 6-12yrs \$197

Pirate & Superhero

Young Rembrandts Staff
Seal Beach Tennis Center Activity Room, 3900 Lampson Ave

AHOY MATES! Join us as we explore the world of pirates with new drawing adventures! Pirates, treasure maps, sunken treasures, parrots, a grand pirate ship and more will inspire us as we draw, using cartoon and realistic drawing techniques. POW! BANG! WOW! Students will also learn to draw their own comic book superhero. Each day we will complete several drawings while we explore a variety of characters. We will learn to draw the basic muscular superhero body and adapt it to the character of our choice. We will learn to draw action and movement while we complete the scenes around our superheroes, using pencils, markers, and Sharpies. Our collection of drawings will be impressive!

323154-01 1 week Mon-Fri 7/24-7/28 9am-12pm 6-12yrs \$197

Anime Cartoon

Young Rembrandts staff
Seal Beach Tennis Center Activity Room
3900 Lampson Ave

Come explore the world of Anime with young Rembrandts! We will spend four days learning about the drawing cartoons in the Anime style. We will learn to create our own original Anime characters. We will use a variety of facial expressions and action and movement to illustrate our scenes. On the final day, we will pull from what we already learned to draw a large comic book type scene in Anime style.

323153-01 1 week Mon-Fri 7/24-7/28 12:30-3:30pm 6-12yrs \$197



Take the Stage Productions Camps

Camp Broadway Star

Take the Stage Productions

Act, Sing, Dance and explore the world of Broadway in this fun musical theater camp! Campers will build valuable musical theater performance skills, craft props & scenery, play theater games and create fun characters all while working together to perform a final showcase on the last day! Campers will be expected to practice lines and songs at home. Bring a lunch/ snack & water. \$20 material fee payable to instructor on the first day of camp.

Peter Pan

Marina Community Center, 151 Marina Dr

323020-01 3 days Wed-Fri 7/5-7/7 9:30-11:30am 3-4 yrs \$87

323020-02 3 days Wed-Fri 7/5-7/7 12:30-2:30pm 5-7 yrs \$87

Tarzan

Los Alamitos Community Ctr, 10911 Oak Street

323020-03 1 week Mon-Fri 7/24-7/28 9:30-11:30am 6-10 yrs \$132

Annie

Seal Beach Tennis Center Activity Room, 3900 Lampson Ave

323020-04 1 week Mon-Fri 8/14-8/18 9:30-11:30am 4-6 yrs \$132

323020-05 1 week Mon-Fri 8/14-8/18 12:30-2:30pm 7-12 yrs \$132

TV & Film Acting

Take the Stage Productions

Los Alamitos Community Ctr, 10911 Oak Street

TV & Film Acting 101 is designed for those just starting out, as well as those seeking to return to the basics and will teach students the fundamentals of the craft. Students will learn the basic foundation of acting, including cold reading, audition technique, improvisation, scene study and text analysis. Performance on the last day of camp. No experience necessary. \$10 material fee due to the Instructor.

313074-01 1 week Mon-Fri 7/24-7/28 12:30-2:30pm 4-6 yrs \$132

Diva Singers

Take the Stage Productions

Los Alamitos Community Ctr, 10911 Oak Street

Learn to sing, dance and perform like your favorite Popstars and Rock Stars! Scared? Don't be. This encouraging environment is welcoming to singers of all levels and backgrounds. Students will build skills in ear and pitch training, vocal technique and presentation, dance technique and build a strong "It Factor" on stage- with a focus on how to connect with your audience and sell your song through performance. Performance on the last day of camp. \$20 material fee due to Instructor.

313075-01 1 week Mon-Fri 8/7-8/11 9:30-11:30am 4-6 yrs \$132

313075-02 1 week Mon-Fri 8/7-8/11 12:30-2:30pm 7-12 yrs \$132

Surf Camps

Chas Weekly Surf Camps

Chas Wickwire
1st Street Beach, 1st St @ Ocean Ave

Weekly surf camps for entry level to intermediate surfers of all ages. Held at 1st Street beach, the most consistent and well-shaped surf in town.

367050-01	1 week	Mon-Fri	6/19-6/23	9am-1pm	All Ages	\$297
367050-02	1 week	Mon-Fri	6/26-6/30	9am-1pm	All Ages	\$297
367050-03	1 week	Mon-Fri	7/3-7/7	9am-1pm	All Ages	\$297
367050-04	1 week	Mon-Fri	7/10-7/14	9am-1pm	All Ages	\$297
367050-05	1 week	Mon-Fri	7/17-7/21	9am-1pm	All Ages	\$297
367050-06	1 week	Mon-Fri	7/24-7/28	9am-1pm	All Ages	\$297
367050-07	1 week	Mon-Fri	7/31-8/4	9am-1pm	All Ages	\$297
367050-08	1 week	Mon-Fri	8/7-8/11	9am-1pm	All Ages	\$297
367050-09	1 week	Mon-Fri	8/14-8/18	9am-1pm	All Ages	\$297
367050-10	1 week	Mon-Fri	8/21-8/25	9am-1pm	All Ages	\$297

M&M Weekly Surf Camp

Michael Pless
8th Street Beach, 8th St & Ocean Ave

Michael Pless, owner and operator of M & M Surfing School has been teaching for over 25 years and has over 50 years of surfing experience. This supervised program is designed to teach beginning and intermediate surfing to small groups with emphasis on safety first, in a fun-filled environment, including boogie boarding & other fun water sports after lunchtime, at the discretion of the instructor. All instructors are CPR, 1st Aid and Water Safety Certified. Register through the Community Services Office or online at register.sealbeachca.gov. Registration will not be accepted at the class. Surfboards and wetsuits are provided.

367061-01	1 week	Mon-Fri	6/19-6/23	8am-2pm	All Ages	\$287
367061-02	1 week	Mon-Fri	6/26-6/30	8am-2pm	All Ages	\$287
367061-03	1 week	Mon-Fri	7/3-7/7	8am-2pm	All Ages	\$287
367061-04	1 week	Mon-Fri	7/10-7/14	8am-2pm	All Ages	\$287
367061-05	1 week	Mon-Fri	7/17-7/21	8am-2pm	All Ages	\$287
367061-06	1 week	Mon-Fri	7/24-7/28	8am-2pm	All Ages	\$287
367061-07	1 week	Mon-Fri	7/31-8/4	8am-2pm	All Ages	\$287
367061-08	1 week	Mon-Fri	8/7-8/11	8am-2pm	All Ages	\$287
367061-09	1 week	Mon-Fri	8/14-8/18	8am-2pm	All Ages	\$287
367061-10	1 week	Mon-Fri	8/21-8/25	8am-2pm	All Ages	\$287



Tennis Camps

Tennis Camps

Camps Taught by **Brian Collison**

CLASS #	DATES	DAYS	TIME	AGE	PRICE	LOCATION
323010-01	6/19-6/23	Mon-Fri	9-11am	7-11 yrs	\$167	Marina Park
323010-02	6/26-6/30	Mon-Fri	9-11am	7-11 yrs	\$167	Heather Park
323010-03	7/17-7/21	Mon-Fri	9-11am	7-11 yrs	\$167	McGaugh
323010-04	7/24-7/28	Mon-Fri	9-11am	7-11 yrs	\$167	Marina Park
323010-05	7/31-8/4	Mon-Fri	9-11am	7-11 yrs	\$167	Heather Park
323010-06	8/21-8/25	Mon-Fri	9-11am	7-11 yrs	\$167	McGaugh

Tennis Camps at the Seal Beach Tennis Center

Camps Taught by **Mickey Yelverton – Academy Coordinator**

- \$199 per week includes SBTC T-Shirt
- Daily Drop-ins welcome- \$45 per day
- 10% discount for 2nd and 3rd siblings
- 10% discount for 3rd week attended

*Register at the Seal Beach Tennis Center, 3900 Lampson Ave.

DATES	DAYS	TIME	AGE	PRICE	LOCATION
6/19-6/23	Mon-Fri	9am-12pm	6-17 yrs	\$199	SBTC
6/26-6/30	Mon-Fri	9am-12pm	6-17 yrs	\$199	SBTC
7/5-7/7	Wed-Fri	9am-12pm	6-17 yrs	\$125	SBTC
7/10-7/14	Mon-Fri	9am-12pm	6-17 yrs	\$199	SBTC
7/17-7/21	Mon-Fri	9am-12pm	6-17 yrs	\$199	SBTC
7/24-7/28	Mon-Fri	9am-12pm	6-17 yrs	\$199	SBTC
7/31-8/4	Mon-Fri	9am-12pm	6-17 yrs	\$199	SBTC
8/7-8/11	Mon-Fri	9am-12pm	6-17 yrs	\$199	SBTC
8/14-8/18	Mon-Fri	9am-12pm	6-17 yrs	\$199	SBTC
8/21-8/25	Mon-Fri	9am-12pm	6-17 yrs	\$199	SBTC

Community Pool

McGaugh School • 1698 Bolsa Ave., Seal Beach Blvd. • Pool Office (562) 430-9612
 Community Services Office (562) 431-2527 Extension 1344

The McGaugh Pool was built in 1964. It is 25 yards in length and has six lanes open for lap swimming. The water temperature is maintained at 80 degrees and an outdoor, warm water shower with limited dressing rooms are available.

Adult & Youth Lap Swim

This is an ongoing fitness/workout program for lap swimming. Pool is closed on national holidays. All passes must be purchased at City Hall in the Community Services Department. \$10 pass re-issuing fee for all lost passes.

Days	Time	Ages	Fees
Monday-Friday	5:30am – 7am	Adult /16+ yrs	Pay at City Hall 16 swim pass: \$49
Monday-Friday	11am – 1pm	Adult /16+ yrs	34 swim pass: \$98
Monday-Friday	6:30pm – 8pm	Adult /16+ yrs	Unlimited Annual pass: \$250 (No guests)
Saturday & Sunday	8am – 12 Noon	Adult /16+ yrs	
Monday-Friday	6pm-6:30pm	Youth	16 swim pass: \$32
Saturday & Sunday	8am – 9am	Youth	

Renew Your Swim Pass Online!

If you have already been issued an electronic card by the Community Services Department and would like to renew your swim pass, visit register.sealbeachca.gov.

Seal Beach Swim Team

The Seal Beach Swim Team is privately operated that conducts practices at McGaugh Community Pool. For Swim Team information, call Maria Fattal, a parent volunteer, directly at (562) 430-1092.

Deep Water Aerobics

Cheryl von der Hellen
 McGaugh Campus Pool
 1698 Bolsa Ave

This deep water exercise develops total fitness. You must purchase your own buoyancy cuffs to participate in class. You will burn calories while improving endurance, flexibility and strength. Purchase Buoyance Cuffs at Competitive Aquatic Supply (800-421-5192) or www.casswimshop.com.

344010-01	5 weeks	Mon & Wed	6/12-7/12	5:30-6:30pm	18+ yrs	\$65
344010-02	5 weeks	Mon & Wed	7/24-8/23	5:30-6:30pm	18+ yrs	\$65

Recreation and Summer Swim Pass

Recreation swim is open to anyone who is interested in enjoying a fun afternoon at the pool. The pool is supervised by experienced staff and provides a great opportunity for a family pool day! All children must be accompanied by an adult. Pool passes must be purchased from the Community Services Department at City Hall. Resident summer pass is \$26. Non-resident pass is \$52. The summer pass is for immediate family ONLY (up to 6 people) and must be presented upon entry. Valid for all dates listed below.

6/19-8/25	Mon-Fri	1-2:30pm
6/25-8/20	Sunday	3:30-5:30pm

Pool Party Rentals

Reserve the pool for a private party beginning April 3, 2017. Reservations are only available on Saturdays and Sundays from June 24 through August 20.

Information: Enjoy a private pool party for your group, organization or birthday celebration. Pool Party Rentals have a two hour minimum on Saturdays and Sundays only. Rental times and dates are available in the Community Services Office or by calling (562) 431-2527 x: 1344.

Reservations: All paperwork and reservations must be handled through the community services department. You must submit a pool party application and FULL payment in order to reserve a time slot. There will be a fee of \$25 for date changes and cancellations.

Party Times	Pool Rental Fees	2 Lifeguards (21-40 swimmers and non-swimmers)
Saturday: 1-3 p.m. 3:30-5:30 p.m. 6-8 p.m.	Seal Beach Resident	\$220 (per 2 hr time slot)
Sunday: 1-3 p.m. 6-8 p.m.	Non- Resident	\$240 (per 2 hr time slot)

Swim Lessons

Summer swim classes are 9 day sessions (Mon-Fri & Mon-Thurs) classes are 30 minutes. Resident fee is \$46 per child and non-resident fee is \$66 per child. Make-up classes are not offered unless classes are cancelled due to a pool closure. If a pool closure does occur, classes are made-up on the second Friday of the session. Parents are respectfully requested to observe swim lessons in the spectator area provided outside the pool deck. Only children currently enrolled in a lesson are permitted on the deck. The pool manager reserves the right to transfer any participant to a class that is more appropriate for the swimmers skill level. Swim classes are taught at McGaugh Campus, 1698 Bolsa Ave. Registration after the original enrollment dates will be accepted online and in City Hall prior to the third class meeting of each session.

Fees for 9 Day Sessions (Mon-Fri & Mon-Thurs)	Registration Time	Online Registration	Walk-in Registration	Session	Class Dates
Resident: \$46/per child Non-Resident: \$66/per child	Resident Registration: 8 a.m. Non-Resident Registration: 11 a.m.	Friday, June 2	Friday, June 9	1	6/19-6/29
				2	7/3-7/14
				3	7/17-7/27
				4	7/31-8/10
				5	8/14-8/24

Parent & Me (6 Months- 3 Years)

To promote comfort, safety and enjoyment in and around the water. One adult per child required.

SESSION 1 6/19-6/29	SESSION 2 7/3-7/14	SESSION 3 7/17-7/27	SESSION 4 7/31-8/10	SESSION 5 8/14-8/24	TIME
314020-01	314020-03	314020-05	314020-07	314020-09	11:30am- 12noon
314020-02	314020-04	314020-06	314020-08	314020-10	4:30pm- 5:00pm

Intro to Water (3-5 Years)

To introduce swimming & water safety skills to children of preschool ages through the use of games and skill practice.

SESSION 1 6/19-6/29	SESSION 2 7/3-7/14	SESSION 3 7/17-7/27	SESSION 4 7/31-8/10	SESSION 1 8/14-8/24	TIME
314021-01	314021-12	314021-23	314021-34	314021-45	9:00am- 9:30am
314021-02	314021-13	314021-24	314021-35	314021-46	9:30am-10:00am
314021-03	314021-14	314021-25	314021-36	314021-47	10:00am- 10:30am
314021-04	314021-15	314021-26	314021-37	314021-48	10:30am- 11:00am
314021-05	314021-16	314021-27	314021-38	314021-49	11:00am- 11:30am
314021-06	314021-17	314021-28	314021-39	314021-50	11:30am- 12:00pm
314021-08	314021-19	314021-30	314021-41	314021-52	3:00pm- 3:30pm
314021-09	314021-20	314021-31	314021-42	314021-53	3:30pm- 4:00pm
314021-10	314021-21	314021-32	314021-43	314021-54	4:00pm- 4:30pm
314021-11	314021-22	314021-33	314021-44	314021-55	4:30pm- 5:00pm

2017 Seal Beach Junior Lifeguard Program – June 26-August 11

Returning Jr. Guard Registration Information

Participants must have been enrolled in the Seal Beach Junior Lifeguard Program in 2016 to be eligible to enroll in this section.

Enrollment will open for all Returning Junior Guards 8am on May 1, 2017 and will close on May 15 at 12am. Any returning JG's who do not register during this time period will have to register as a New JG during the appropriate time period. Register at Register.sealbeachca.gov.

New Jr. Guard Registration Information

Enrollment will open for **New Junior Guard residents (zip codes 90740 or 90743), on May 15 at 12pm.** Registration available at Register.sealbeachca.gov. Enrollment will open for **New Junior Guard non-residents, on May 22 at 12pm and will close May 26 at 12pm.** **Enrollment for New Junior Guards**

into the 2017 Junior Lifeguard Program will be based on a first come, first serve basis. A wait list will be established after the program has reached capacity. For more information, visit www.sealbeachca.gov or call (562) 431-2527 ext. 1206.



Beginner Levels 1,2,3

Students will be introduced to the primary skills of body position, proper kicking, effective strokes and timing of side breathing for free-style/crawl. Time and skills permitting elementary backstroke is introduced in Level 3. Progressive advancement through levels are taught in the shallow, short end, of the pool.

Level 1

SESSION 1 6/19-6/29	SESSION 2 7/3-7/14	SESSION 3 7/17-7/27	SESSION 4 7/31-8/10	SESSION 5 8/14-8/24	TIME
324021-01	324021-11	324021-21	324021-31	324021-41	9:00am- 9:30am
324021-02	324021-12	324021-22	324021-32	324021-42	9:30am-10:00am
324021-03	324021-13	324021-23	324021-33	324021-43	10:00am- 10:30am
324021-04	324021-14	324021-24	324021-34	324021-44	10:30am- 11:00am
324021-05	324021-15	324021-25	324021-35	324021-45	11:00am- 11:30am
324021-07	324021-17	324021-27	324021-37	324021-47	3:00pm- 3:30pm
324021-08	324021-18	324021-28	324021-38	324021-48	3:30pm- 4:00pm
324021-09	324021-19	324021-29	324021-39	324021-49	4:00pm- 4:30pm
324021-10	324021-20	324021-30	324021-40	324021-50	4:30pm- 5:00pm

Level 2

SESSION 1 6/19-6/29	SESSION 2 7/3-7/14	SESSION 3 7/17-7/27	SESSION 4 7/31-8/10	SESSION 5 8/14-8/24	TIME
324022-01	324022-11	324022-21	324022-31	324022-41	9:00am- 9:30am
324022-02	324022-12	324022-22	324022-32	324022-42	9:30am-10:00am
324022-03	324022-13	324022-23	324022-33	324022-43	10:00am- 10:30am
324022-04	324022-14	324022-24	324022-34	324022-44	10:30am- 11:00am
324022-05	324022-15	324022-25	324022-35	324022-45	11:00am- 11:30am
324022-07	324022-17	324022-27	324022-37	324022-47	3:00pm- 3:30pm
324022-08	324022-18	324022-28	324022-38	324022-48	3:30pm- 4:00pm
324022-09	324022-19	324022-29	324022-39	324022-49	4:00pm- 4:30pm
324022-10	324022-20	324022-30	324022-40	324022-50	4:30pm- 5:00pm

Level 3

SESSION 1 6/19-6/29	SESSION 2 7/3-7/14	SESSION 3 7/17-7/27	SESSION 4 7/31-8/10	SESSION 5 8/14-8/24	TIME
324023-01	324023-11	324023-21	324023-31	324023-41	9:00am- 9:30am
324023-02	324023-12	324023-22	324023-32	324023-42	9:30am-10:00am
324023-03	324023-13	324023-23	324023-33	324023-43	10:00am- 10:30am
324023-04	324023-14	324023-24	324023-34	324023-44	10:30am- 11:00am
324023-06	324023-16	324023-26	324023-36	324023-46	3:00pm- 3:30pm
324023-07	324023-17	324023-27	324023-37	324023-47	3:30pm- 4:00pm
324023-08	324023-18	324023-28	324023-38	324023-48	4:00pm- 4:30pm
324023-09	324023-19	324023-29	324023-39	324023-49	4:30pm- 5:00pm

The ABCs of Pool Safety

Whether you're at a community pool or in your own backyard, knowing the ABCs of pool safety can help you keep summertime fun when kids are in the water.

A: Adult Supervision, Assign a "Water Watcher"!

B: Barriers, Install Fencing!

C: Classes, Learn CPR!

Learn more at www.abcpoolsafety.org

Level 4 - Stroke Improvement

Overarm backstroke and breaststroke are introduced. Introduction of CPR & rescue breathing will also be covered. Students will be required to swim 25 yards using rhythmic breathing. Student must be proficient in free style & backstroke & able to swim unassisted the length of the pool.

SESSION 1 6/19-6/29	SESSION 2 7/3-7/14	SESSION 3 7/17-7/27	SESSION 4 7/31-8/10	SESSION 5 8/14-8/24	TIME
324024-01	324024-11	324024-21	324024-31	324024-41	9:00am- 9:30am
324024-02	324024-12	324024-22	324024-32	324024-42	9:30am-10:00am
324024-03	324024-13	324024-23	324024-33	324024-43	10:00am-10:30am
324024-04	324024-14	324024-24	324024-34	324024-44	10:30am- 11:00am
324024-05	324024-15	324024-25	324024-35	324024-45	3:00pm- 3:30pm
324024-06	324024-16	324024-26	324024-36	324024-46	3:30pm- 4:00pm
324024-07	324024-17	324024-27	324024-37	324024-47	4:00pm-4:30pm
324024-08	324024-18	324024-28	324024-38	324024-48	4:30pm- 5:00pm

Level 5 - Stroke Refinement

Freestyle, backstroke and breaststroke will be refined. Emphasis will be on proper stroke techniques.

SESSION 1 6/19-6/29	SESSION 2 7/3-7/14	SESSION 3 7/17-7/27	SESSION 4 7/31-8/10	SESSION 5 8/14-8/24	TIME
324025-01	324025-11	324025-21	324025-31	324025-41	9:00am- 9:30am
	324025-12	324025-22	324025-32		9:30am-10:00am
324025-03	324025-13	324025-23	324025-33	324025-43	10:00am-10:30am
	324025-14	324025-24	324025-34		3:00pm- 3:30pm
324025-05	324025-15	324025-25	324025-35	324025-45	3:30pm- 4:00pm
	324025-16	324025-26	324025-36		4:00pm-4:30pm

Level 6 - Skill Proficiency

Class will stress proper stroke efficiency & endurance. Butterfly is also introduced. Students will learn and practice the various lifesaving skills.

SESSION 1 6/19-6/29	SESSION 2 7/3-7/14	SESSION 3 7/17-7/27	SESSION 4 7/31-8/10	SESSION 5 8/14-8/24	TIME
	324026-11	324026-21	324026-31		9:00am- 9:30am
324026-02	324026-12	324026-22	324026-32	324026-42	9:30am-10:00am
	324026-13	324026-23	324026-33		10:00am-10:30am
324026-04	324026-14	324026-24	324026-34	324026-44	3:00pm- 3:30pm
	324026-15	324026-25	324026-35		3:30pm- 4:00pm
324026-06	324026-16	324026-26	324026-36	324026-46	4:00pm-4:30pm

Level 7 - Advanced Skill Proficiency

Students will demonstrate various lifesaving skills and stroke perfection and endurance. Laps and aerobic fitness will be emphasized.

SESSION 1 6/19-6/29	SESSION 2 7/3-7/14	SESSION 3 7/17-7/27	SESSION 4 7/31-8/10	SESSION 5 8/14-8/24	TIME
		324027-01	324027-03		9:00am- 9:30am
		324027-02		324027-04	4:00pm-4:30pm

Adult Stroke Refinement

This class is for adults with swim experience. Participants must be at a level 5 or 6 to qualify for the class.

SESSION 1 6/19-6/29	SESSION 2 7/3-7/14	SESSION 3 7/17-7/27	SESSION 4 7/31-8/10	SESSION 5 8/14-8/24	TIME
		324028-01	324028-02	324028-03	10:30am- 11:00am



M&M Surf Lessons

M&M Summer Surf Pass

M&M Surfing School
8th Street Beach, 8th St & Ocean Ave

Summer passes are good for participation in all summer sessions. Don't wait, only 20 spots available for this great summer deal!

367062-01	11 weeks	Mon-Sun	6/12-9/3	8am-2pm	All Ages	\$850
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Weekly Surf Camp

M&M Surfing School
8th Street Beach, 8th St & Ocean Ave

Michael Pless, owner and operator of M & M Surfing School has been teaching for over 25 years and has over 50 years of surfing experience. This supervised program is designed to teach beginning and intermediate surfing to small groups with emphasis on safety first, in a fun-filled environment, including boogie boarding & other fun water sports after lunchtime, at the discretion of the instructor. All instructors are CPR, 1st Aid and Water Safety Certified. Register through the Community Services Office or online at register.sealbeachca.gov. Registration will not be accepted at the class. Surfboards and wetsuits are provided.

367061-01	1 week	Mon-Fri	6/19-6/23	8am-2pm	All Ages	\$287
367061-02	1 week	Mon-Fri	6/26-6/30	8am-2pm	All Ages	\$287
367061-03	1 week	Mon-Fri	7/3-7/7	8am-2pm	All Ages	\$287
367061-04	1 week	Mon-Fri	7/10-7/14	8am-2pm	All Ages	\$287
367061-05	1 week	Mon-Fri	7/17-7/21	8am-2pm	All Ages	\$287
367061-06	1 week	Mon-Fri	7/24-7/28	8am-2pm	All Ages	\$287
367061-07	1 week	Mon-Fri	7/31-8/4	8am-2pm	All Ages	\$287
367061-08	1 week	Mon-Fri	8/7-8/11	8am-2pm	All Ages	\$287
367061-09	1 week	Mon-Fri	8/14-8/18	8am-2pm	All Ages	\$287
367061-10	1 week	Mon-Fri	8/21-8/25	8am-2pm	All Ages	\$287

1 Day Surf Lessons

M&M Surfing School, 8th Street Beach, 8th St & Ocean Ave

Group Lessons are ongoing from June 12 - Sept. 3. Please note, this class is good for any one day of surfing instruction. Please indicate your date preference on the registration form or at the checkout screen.

3 Hour Group Lesson

367063-01	1 day	Mon-Sun	6/12-9/3	8-11am	All Ages	\$87
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1 Hour Group Lesson

367064-01	1 day	Mon-Sun	6/12-9/3	8-11am	All Ages	\$77
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1 Hour Semi-Private Lesson

367067-01	1 day	Mon-Sun	6/12-9/3	8-11am	All Ages	\$97
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1 Hour Private Lesson

367068-01	1 day	Mon-Sun	6/12-9/3	8-11am	All Ages	\$115
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Surf Lessons with Chas Wickwire

Summer Surf Pass

Chas Wickwire, 1st Street Beach, 1st St @ Ocean Ave

Summer passes are good for participation in all camp sessions (Monday-Friday). No blackout dates or off weeks this season!

367051-01	10 weeks	Mon-Fri	6/19-8/25	9am-1pm	All Ages	\$697
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Weekly Surf Camps

Chas Wickwire, 1st Street Beach, 1st St @ Ocean Ave

Weekly surf camps for entry level to intermediate surfers of All Ages. Held at 1st Street beach, the most consistent and well-shaped surf in town.

367050-01	1 week	Mon-Fri	6/19-6/23	9am-1pm	All Ages	\$297
367050-02	1 week	Mon-Fri	6/26-6/30	9am-1pm	All Ages	\$297
367050-03	1 week	Mon-Fri	7/3-7/7	9am-1pm	All Ages	\$297
367050-04	1 week	Mon-Fri	7/10-7/14	9am-1pm	All Ages	\$297
367050-05	1 week	Mon-Fri	7/17-7/21	9am-1pm	All Ages	\$297
367050-06	1 week	Mon-Fri	7/24-7/28	9am-1pm	All Ages	\$297
367050-07	1 week	Mon-Fri	7/31-8/4	9am-1pm	All Ages	\$297
367050-08	1 week	Mon-Fri	8/7-8/11	9am-1pm	All Ages	\$297
367050-09	1 week	Mon-Fri	8/14-8/18	9am-1pm	All Ages	\$297
367050-10	1 week	Mon-Fri	8/21-8/25	9am-1pm	All Ages	\$297

Single Day Camp

Chas Wickwire, 1st Street Beach, 1st St @ Ocean Ave

This is good for any ONE DAY of surfing instruction during your selected week. Please indicate your date preference on the registration form or in the note section of the checkout screen.

367052-01	1 day	Mon-Fri	6/19-6/23	9am-1pm	All Ages	\$77
367052-02	1 day	Mon-Fri	6/26-6/30	9am-1pm	All Ages	\$77
367052-03	1 day	Mon-Fri	7/3-7/7	9am-1pm	All Ages	\$77
367052-04	1 day	Mon-Fri	7/10-7/14	9am-1pm	All Ages	\$77
367052-05	1 day	Mon-Fri	7/17-7/21	9am-1pm	All Ages	\$77
367052-06	1 day	Mon-Fri	7/24-7/28	9am-1pm	All Ages	\$77
367052-07	1 day	Mon-Fri	7/31-8/4	9am-1pm	All Ages	\$77
367052-08	1 day	Mon-Fri	8/7-8/11	9am-1pm	All Ages	\$77
367052-09	1 day	Mon-Fri	8/14-8/18	9am-1pm	All Ages	\$77
367052-10	1 day	Mon-Fri	8/21-8/25	9am-1pm	All Ages	\$77

Music & Movement

Danuta Klimczak, Seal Beach Senior Center, 707 Electric Ave

Designed to provide a positive and challenging learning environment for children to blossom musically and personally. Children will participate in musical games, singing, dancing, listening, and playing instruments. Program combines elements of Orff Schulwerk and Kodaly methods with traditional philosophies of musical education.

311061-01	7 weeks	Fri	6/23-8/4	9-9:50am	2 yrs	\$87
311061-02	7 weeks	Fri	6/23-8/4	10-10:50am	2 yrs	\$87
311061-03	7 weeks	Fri	6/23-8/4	11-11:50am	3-4 yrs	\$87

Rockstar Popstar

Anne Pennypacker, Los Alamitos Community Ctr, 10911 Oak Street

Dancers will party, learning lyrics and hip hop moves to our favorite pop songs and be stars! At session's end, we'll rock out and be fabulous, throwing a concert not to be missed! No class 7/3

342036-01	6 weeks	Mon	6/19-7/31	4:30-5:15pm	5-12 yrs	\$67
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Hip Hop

Anne Pennypacker

Learn street style dance and funky hip hop combinations to upbeat (and appropriate) music. Explore basic breaking, popping and locking and more! At session's end, we'll put on a show. Tennis shoes or Jazz shoes required. No Class 7/3 & 7/4

Los Alamitos Community Ctr, 10911 Oak Street

342034-01	6 weeks	Mon	6/19-7/31	3:45-4:30pm	5-12 yrs	\$67
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Recreation Park, 4900 E 7th Street, Long Beach

342034-02	6 weeks	Tue	6/20-8/1	5-5:45pm	5-12 yrs	\$67
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Hip Hop Tots!

Anne Pennypacker, Recreation Park, 4900 E. 7th Street, Long Beach

Time to dance our best moves in this fun fast paced class! Little dancers will learn skills needed to dance a hip hopp'n bopp'n routine to their favorite songs. Tennis shoes best for class.

322027-01	6 weeks	Tue	6/20-8/1	4:30-5pm	2.5-5 yrs	\$67
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Musical Theater Stars

Anne Pennypacker, Recreation Park, 4900 E. 7th Street, Long Beach

Calling all entertainers! Casting now... Join Miss Anne and guest instructors in performing pieces from various favorite musicals. Students will learn musical theatre dance styles, while learning to connect acting and the emotions of the song to the choreography of the piece. Jazz or ballet shoes encouraged for class.

322024-01	6 weeks	Tue	6/20-8/1	5:45-6:30pm	5-12 yrs	\$67
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Ballet & Tap Combo

Anne Pennypacker, Marina Community Center, 151 Marina Dr

This class introduces students to basic ballet warm-up, positions, technique, leaps and turns and classic tap steps such as shuffle ball changes. A great class for dancers of all levels! At session's end we'll put on a show. Ballet and tap shoes required. Proper suede bottom, pink ballet shoes required for class. Bedroom slippers will not be allowed. No Class 7/3

322021-01	6 weeks	Wed	6/21-7/26	6-6:45pm	5-8 yrs	\$67
322021-02	6 weeks	Mon	6/19-7/31	3-3:45pm	5-8 yrs	\$67

Princess Ballet

Anne Pennypacker

Calling all Princesses, Fairies and little Ballerinas! Join in the fun by dancing magical ballet adventures. Little dancers can pretend to be the beautiful Swan Princess, Fairy Queen, Sleeping Beauty and more. Learn basic ballet positions and steps in a fun creative environment! No Class 7/3, 7/27

Marina Community Center, 151 Marina Dr

342033-01	6 weeks	Thu	6/29-8/10	3:45-4:30pm	4-7 yrs	\$67
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Los Alamitos Community Ctr, 10911 Oak Street

342033-02	6 weeks	Mon	6/19-7/31	5:15-6pm	4-7 yrs	\$67
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Petit Ballerina

Anne Pennypacker

"Bonjour, Little Dancers!" Join Miss Anne in a magical adventure into the world of ballet: plies, sautes, chasses, and more. Little ballerinas will be fairytale dancers as they learn the importance of pointing their toes! "La danse de la joie!" No Class 7/3

Marina Community Center, 151 Marina Dr

322023-01	6 weeks	Wed	6/21-7/26	4:30-5pm	2.5-5 yrs	\$67
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Los Alamitos Community Ctr, 10911 Oak Street

322023-02	6 weeks	Mon	6/19-7/31	6-6:30pm	2.5-5 yrs	\$67
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Teeny Tumblers

Anne Pennypacker

Marina Community Center, 151 Marina Dr

Squat-hop-tumble-n-roll this class is a go go go! We'll bear-walk, crab-walk, tumble and jump having so much fun it will be hard to stop! This is a great first class to promote coordination and balance in a creative environment.

311031-01	6 weeks	Wed	6/21-7/26	5-5:30pm	2.5-5 yrs	\$67
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Pre-School Gymnastics

Anne Pennypacker

Marina Community Center, 151 Marina Dr

Class is structured to introduce floor work such as bridge, cartwheels, frogstands and more. Gymnasts will also improve strength, balance and skills in this fun and fast paced class! No Class 7/27

311032-01	6 weeks	Thu	6/29-8/10	5:15-5:45pm	4-6 yrs	\$67
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Gymnastics

Anne Pennypacker

Marina Community Center, 151 Marina Dr

A focused gymnastic class, working on developing strength for more advanced skills. Gymnasts will learn the proper and safe way to execute tumbling, while increasing confidence and coordination. A wonderful class for athletes and dancers as well! No Class 7/27

311033-01	6 weeks	Thu	6/29-8/10	4:30-5:15pm	6-12 yrs	\$67
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Musical Minis

Anne Pennypacker, Marina Community Center, 151 Marina Dr

Sing, dance and swing on a star, this theater class will take dancers far! Little performers will learn song and dance from various musicals that audiences will love! No Class 7/20

327070-01	5 weeks	Thu	7/13-8/17	9-9:30am	2.5-5 yrs	\$57
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Parent & Me Ice Skating

Westminster Ice
Westminster Ice, 13071 Springdale St

What a great opportunity to bond with your child as you both learn to skate in a fun and relaxed atmosphere. One parent and one child per class. Includes skate rental, 30-minute lesson, free practice on the day of class (Tuesday 3:10-4:10 p.m., Saturday 12-2 p.m.), and three additional practice passes to be used during the 4-week session. Please arrive 20 minutes early to fit skates, and dress warmly (gloves or mittens recommended).

313131-01	4 weeks	Tue	5/30-6/20	4:10-4:40pm	3-5 yrs	\$40
313131-02	4 weeks	Sat	6/3-6/24	11:15-11:45am	3-5 yrs	\$40
313131-03	4 weeks	Tue	8/1-8/22	4:10-4:40pm	3-5 yrs	\$40
313131-04	4 weeks	Sat	8/5-8/26	11:15-11:45am	3-5 yrs	\$40

Ice Skating for Tots

Westminster Ice
Westminster Ice, 13071 Springdale St

Beginning ice skating made fun and easy. Your skater will have a smile on their face when they learn how to march, glide, hop, and wiggle backwards on the ice. Includes skate rental, 30-minute lesson, free practice on the day of class (3-5 p.m. for Wednesday class and 12-2 p.m. for Saturday class), and three additional passes to be used during the 4-week session. Please arrive 20 minutes early on the first day of class to fit skates, and dress warmly (gloves or mittens recommended).

313130-01	4 weeks	Wed	5/31-6/21	5:40-6:10pm	3-5 yrs	\$40
313130-02	4 weeks	Sat	6/3-6/24	10:45-11:15am	3-5 yrs	\$40
313130-03	4 weeks	Wed	8/2-8/23	5:40-6:10pm	3-5 yrs	\$40
313130-04	4 weeks	Sat	8/5-8/26	10:45-11:15am	3-5 yrs	\$40

Beginning Ice Skating

Westminster Ice, Westminster Ice, 13071 Springdale St

Learn to skate forward and backward, stop, hop, spin, and more! Includes skate rental, 30-minute lesson, free practice on the day of class (Thursday 3:10-4:10 p.m., Saturday 12-2 p.m.), and three additional practice passes to be used during the 4-week session. Please arrive 20 minutes early on the first day of class to fit skates, and dress warmly (gloves recommended).

323130-01	4 weeks	Thu	6/1-6/22	4:10-4:40pm	6-16 yrs	\$40
323130-02	4 weeks	Sat	6/3-6/24	10:15-10:45am	6-16 yrs	\$40
323130-03	4 weeks	Thu	8/3-8/24	4:10-4:40pm	6-16 yrs	\$40
323130-04	4 weeks	Sat	8/5-8/26	10:15-10:45am	6-16 yrs	\$40

Ice Hockey Skating Skills

Westminster Ice, Westminster Ice, 13071 Springdale St

Learn basic skating skills necessary for hockey including forward and backward skating, stopping, and turning. Pucks and sticks are not used during this class. Includes skate rental, 30-minute lesson, free practice on day of class (Wednesday 6:40 - 7:10 PM, Saturday 12:00-2:00 PM), and three additional practice passes to be used during the 4-week session. Please arrive 20 minutes early on the first day of class to fit skates, and dress warmly.

323141-01	4 weeks	Wed	5/31-6/21	6:10-6:40pm	6-16 yrs	\$40
323141-02	4 weeks	Sat	6/3-6/24	10:45-11:15am	6-16 yrs	\$40
323141-03	4 weeks	Wed	8/2-8/23	6:10-6:40pm	6-16 yrs	\$40
323141-04	4 weeks	Sat	8/5-8/26	10:45-11:15am	6-16 yrs	\$40

Mommy/Daddy & Me Soccer

Kidz Love Soccer, Heather Park, Heather St & Lampson Ave

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer, parents are part of the action, not watching from the sidelines! No Class 7/4

323995-01	4 weeks	Tue	6/13-7/11	5:30-6pm	2-3.5 yrs	\$67
323995-02	5 weeks	Tue	8/1-8/29	5:30-6pm	2-3.5 yrs	\$78

Tot/Pre Soccer

Kidz Love Soccer, Heather Park, Heather St & Lampson Ave

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. Shin guards are required after the first meeting. No Class 7/4

323997-01	4 weeks	Tue	6/13-7/11	4:45-5:20pm	3.5-5 yrs	\$67
323997-02	5 weeks	Tue	8/1-8/29	4:45-5:20pm	3.5-5 yrs	\$78

Soccer 1

Kidz Love Soccer, Heather Park, Heather St & Lampson Ave

Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Shin guards are required after the first meeting. No Class 7/4

323998-01	4 weeks	Tue	6/13-7/11	4-4:45pm	5-6 yrs	\$67
323998-02	5 weeks	Tue	8/1-8/29	4-4:45pm	5-6 yrs	\$78

Skyhawks Multi-Sport

Skyhawks Sports, College Estates Park, 808 Stevelly Ave, Long Beach

Introduce your little superstar to sports in our most popular program! This baseball, basketball and soccer class uses age-appropriate games and activities to explore balance, hand/eye coordination, and skill development. Parent participation may be required for younger ages. No Class 7/4

323181-01	9 weeks	Tue	6/20-8/22	3:30-4pm	2-3 yrs	\$145
323181-02	9 weeks	Tue	6/20-8/22	4:15-5pm	4-6 yrs	\$145

Coed Beginning Volleyball

Maria Fattal, McGaugh Campus Gym, 1698 Bolsa Ave

Learn to play volleyball this summer! Basic skills of passing, setting, hitting, and underhand as well as overhand serving will be taught then reinforced in games.

333060-01	5 weeks	Mon & Wed	6/19-7/19	3:30-5:30pm	8-12 yrs	\$180
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Coed Intermediate Volleyball

Maria Fattal, McGaugh Campus Gym, 1698 Bolsa Ave

Perfect your volleyball skills and learn how to run a 6-2 offense. Class consists of a warm-up, skills work, and a half-hour of playing. For players who play on 8th grade school teams or club teams or by instructor's approval, please email sbvbcmaria@yahoo.com or call 562-430-1092 with experience. No Class 7/4

333061-01	5 weeks	Tue & Thu	6/20-7/20	3:30-5:30pm	11-15 yrs	\$200
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Jewelry Making

Karon Cotton
Los Alamitos Community Ctr, 10911 Oak Street

Want to learn jewelry-making? Join us and discover a variety of techniques! All levels welcome. Tools provided. A non-refundable cash materials fee is due to instructor at beginning of each class (see below for details). For more information, visit www.thejewelryhabit.com.

Beading Basics (\$10 material fee)

346021-01	1 day	Mon	6/19	6:30-8:30pm	18+ yrs	\$32
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Stretch Cord Basics (\$10 material fee)

346021-02	1 day	Mon	7/17	6:30-8:30pm	18+ yrs	\$32
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Intermediate Beading (\$15 material fee)

346021-03	1 day	Mon	7/31	6:30-8:30pm	18+ yrs	\$32
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Pearl Knotting (\$15 material fee)

346021-04	1 day	Mon	8/21	6:30-8:30pm	18+ yrs	\$32
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Dog Obedience

Trainer with Dog Services Unlimited
El Dorado Park, 2760 Studebaker Rd, Long Beach

All breeds of dogs 6 mos & older (larger breeds 4 mos & older) welcome. All basic obedience commands (heel, automatic sit, sit-stay, down-stay, stand & come) will be covered, as well as discussions on correction of various behavior problems. Hand signals, long distance work, & boundary training included. Trophies & certificates awarded at graduation. Please bring current vaccination records, a lawn chair, and \$10 materials fee (includes training manual) to first meeting. First meeting is an orientation, to be held WITHOUT DOGS on hockey/basketball court at El Dorado Park. Handlers 9 yrs to adults.

366040-01	7 weeks	Thu	6/15-7/27	7:45-8:45pm	9+ yrs	\$96
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Puppy Kindergarten

Trainer with Dog Services Unlimited
El Dorado Park, 2760 Studebaker Rd, Long Beach

Start your puppy off on the right paw. Establish good manners and valuable socialization skills at an early age for puppies 2-5 months. Class will include puppy care topics such as housebreaking, teething/chewing problems, health-care pointers, and will introduce basic obedience commands. Please bring current vaccination records and \$10 materials fee (includes training manual) to first meeting, which is an orientation to be held WITHOUT PUPPIES on the hockey/basketball court at El Dorado Park.

366039-01	6 weeks	Sat	7/15-8/19	12:30-1:30pm	12+ yrs	\$86
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Dog Manners "Crash Course"

Trainer with Dog Services Unlimited

Establish better manners and correct behavior problems in just four 75-minute lessons! Dogs five months or older will learn to stay, come, sit, lie down, and walk without pulling on a leash. Bad habits such as destructive chewing, jumping on people, digging, and barking will also be addressed. Dogs attend all meetings. Bring current shot records and \$5 materials fee to first lesson.

El Dorado Park, 2760 Studebaker Rd, Long Beach

366043-01	4 weeks	Sat	7/29-8/19	11am-12:15pm	12+ yrs	\$84
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Laurel Park, 10862 Bloomfield St, Los Alamitos

366043-02	4 weeks	Thu	6/29-7/20	6:30-7:45pm	12+ yrs	\$84
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College Essay Workshop



Alison Cotter
Los Alamitos Community Ctr, 10911 Oak Street

Applying to college this fall? Get a jumpstart on your essay! Find out what admissions officers are looking for. Learn how to turn personal experience into great essay topics. Get detailed feedback on drafts in a supportive, small group setting. Students will plan, write, and edit an essay for the Common Application. Workshop includes peer review, as well as in-class and at-home writing assignments.

322070-01	4 days	Mon-Thu	8/7-8/10	8-10am	17+ yrs	\$145
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322070-02	4 days	Mon-Thu	8/14-8/17	8-10am	17+ yrs	\$145
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First Aid, CPR & AED Training

Erik Berg
Fire Station 48 Community Room
3131 N. Gate Rd

These classes are designed to teach individuals basic CPR, First Aid and use of an Automatic external defibrillator (AED). Participants will receive a card from the American Safety and Health Institution. There will be a 45 min lunch break, please bring a sack lunch. \$5 book fee payable to instructor due at class.

346031-01	1 day	Sat	6/17	9am-3:30pm	16+ yrs	\$50
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Magic in Seal Beach

Daniel Habel, North Seal Beach Center, 3333 Saint Cloud Dr.
Fee: FREE + \$10 for lectures due day of event

Join local magicians to observe and learn the history of magic and magic effects, including close-up magic as well as stage magic. Professional magicians will lecture four times per year. Meetings held every 3rd Saturday of the month from 6-10pm. Contact Daniel Habel for more information at (562) 434-4693

June 17	July 15	August 19
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Painting with Mom

BlueSea Care
Fire Station 48 Community Room, 3131 N. Gate Rd

Arts, craft, music and drawing are just a few of the activities we enjoyed doing with our parents when we were younger and we still have fond memories of. Painting With Mom provides us with the opportunity to revive those moments again in a creative setting that promotes social engagement and stimulation, socializing and most importantly, fun! We're calling on all adult loved ones and moms to join us in this FREE art class. This program is designed to bring families together and awareness to Alzheimers and Dementia.

256010-04	1 day	Sat	6/10	10am-12pm	65+ yrs	FREE
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356010-01	1 day	Sat	7/15	10am-12pm	65+ yrs	FREE
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356010-02	1 day	Sat	8/19	10am-12pm	65+ yrs	FREE
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Portrait Workshop



Ying Liu
Los Alamitos Community Ctr, 10911 Oak Street

Come draw or paint live models with our national award winning artist instructor: Ying Liu. Beginners through advanced students are welcome. Bring medium of choice: pencil, drawing board, charcoal, pastel, oil, watercolor, or acrylic. Simple easels and drawing horses are available for use. Demos and one-on-one instruction are provided. Model fee included in registration fee.

336096-01	8 weeks	Sat	7/8-8/26	9am-12pm	16+ yrs	\$85
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Wedding Survival

Anne Pennypacker, Marina Community Center, 151 Marina Dr

Whether getting married, mother/ son, father/ daughter dance or simply attending a wedding, this class will prepare you to look your best on the dance floor!

342018-01 4 weeks Wed 6/21-7/12 6:45-7:30pm 18+ yrs \$48

Beginning Ballroom

Anne Pennypacker, Los Alamitos Community Ctr, 10911 Oak Street

Let's get those feet moving right away! Learn the basics of Ballroom and Latin in this fun and friendly atmosphere. Students will learn dances such as the rumba, cha-cha, swing waltz, salsa, and foxtrot. Partners not necessary.

344020-01 6 weeks Mon 6/19-7/31 6:30-7:15pm 18+ yrs \$72

Intermediate Ballroom

Anne Pennypacker, Marina Community Center, 151 Marina Dr

Geared towards students with some basic dance experience, Intermediate Ballroom is the class for you! Refine the basics and add more step patterns to spice up your dancing! Partner not necessary. No Class 7/4

344021-01 6 weeks Tue 6/20-8/1 7:15-8:15pm 18+ yrs \$72

Adult Tap

Anne Pennypacker, Marina Community Center, 151 Marina Dr

An amazing workout and fun at the same time! This class is for those who have always wanted to tap or have had fun tap dancing before. Explore various styles of tap, combinations and more. Tennis shoes, hard soled shoes or tap shoes are the best to wear for class. No Class 7/27

342026-01 6 weeks Thu 6/29-8/10 7:15-8pm 18+ yrs \$72

Jazzercise

Akemi Hanna, North Seal Beach Center, 3333 Saint Cloud Dr

Jazzercise gives you all the cardio, strength and stretch moves you want for a total body workout! And with all that, we've thrown in moves from hip-hop, yoga, Pilates, jazz dance, kickboxing and resistance training. All Ages, levels and sizes welcome so come join us today! Please wear appropriate & sturdy athletic shoes. Bring a towel, weights, water, & a mat. Pay \$10 per class online at register.sealbeach.ca.gov or indicate your date preference on the registration form.

342044-01 7 weeks Mon & Wed 6/12-7/29 6-7pm 13+ yrs \$70
Sat 7:15-8:15am

342044-02 7 weeks Mon & Wed 7/31-9/2 6-7pm 13+ yrs \$70
Sat 7:15-8:15am

Jacki Sorensen's Fitness/Dance

Martha Stegen, North Seal Beach Center, 3333 Saint Cloud Dr

Jacki Sorensen's Aerobic Dancing was the world's first aerobic dancing program, originating over 40 years ago. It's a progressive course that's choreographed specifically for non-dancers. In your Get-it-all-Together class you'll sway, stretch, crunch, squat, cha cha, waltz, samba and swing yourself into total body fitness while enjoying music from The Hot 100, Adult Contemporary, Latin, Rock'n Roll, Country, Hip Hop, and more! Our classes are effective, exciting and fun! Comfortable clothes, aerobic shoes, & a mat or towel are required. Light hand-held and/or ankle weights optional. Pay \$8 per class online at register.sealbeachca.gov or indicate your date preference on the registration form. No Class 7/4

342030-01 8 weeks Tue & Thu 6/27-8/17 4:30-5:30pm 18+ yrs \$112



WERQ

Meghan McLarty, Marina Community Center, 151 Marina Dr

WERQ (pronounced "work") is a wildly addictive and fiercely fun dance fitness class based on the chart topping pop, hip-hop, and rock music that we know and love today! WERQ has been featured as one of the hottest workouts in the US by InStyle Magazine and makes dance accessible to every level student. Beyond being easy to follow, WERQ is an effective cardio class that feels more like a dance experience. WERQ "Summer Camp" registrants will receive an official WERQ gift and attendance to a WERQ Family & Friends: End of Summer BBQ.

342085-01 6 weeks Mon 7/24-8/28 7:30-8:30pm 13+ yrs \$75

Fitness with Mari

Mari Huelskamp (See below for class locations)

Increase your range of motion with this cardiovascular workout that includes balance, stretching and strength. **Take 16 classes for \$103, or 32 classes for \$199.**

Marina Center

342092	Mon/Tue/Thu	6/19, 6/20, 6/22	7:45-8:30am
342092	Mon/Tue/Thu	7/10, 7/11, 7/13	7:45-8:30am
342092	Mon/Tue/Thu	7/17, 7/18, 7/20	7:45-8:30am
342092	Mon/Tue/Thu	7/31, 8/1, 8/3	7:45-8:30am
342092	Mon/Tue/Wed/Thur	8/28-8/31	9-10am

McGaugh Gym

342092	Mon/Tue/Wed/Thur	7/24-7/27	9-10am
342092	Mon/Tue/Wed/Thur	8/7-8/10	9-10am
342092	Mon/Tue/Wed/Thur	8/14-8/17	9-10am
342092	Mon/Tue/Wed/Thur	8/21-8/24	9-10am

Strength & Toning

Mari Huelskamp, McGaugh Campus Gym, 1698 Bolsa Ave

Range of motion, strength, and toning exercises using chairs, elastic bands, and balls. No Class 7/31 & 8/2

342091-01 10 classes Mon & Wed 7/24-8/30 10-11am 40+ yrs \$67

Zumba Fitness

Mari Huelskamp
Marina Community Center
 151 Marina Dr

Zumba Fitness uses dance workouts to upbeat Latin and world rhythms. Just shake, sweat, and tone at your own pace with your own style. It's perfect for all levels of dance and anyone wanting to get or stay in shape. Zumba Fitness allows you to stay healthy, be happy, and have fun! No Class 6/26, 6/28, 7/3, 7/5

342090-01	9 classes	Mon	6/19-8/28	6:30-7:30pm	18+ yrs	\$97
342090-02	9 classes	Wed	6/21-8/30	7:45-8:30am	18+ yrs	\$97

Beach Boot Camp

Annika Turner, Beach Fitness
10th Street Beach Parking Lot
 10th St @ Ocean Ave

Join Seal Beach's exclusive Beach Boot Camp and get that beach body you have always wanted. Beach Boot Camp is a kick-your-butt workout that will leave you sore, but begging for more! Work with our expert trainers to tighten and tone your ENTIRE body with this INTENSE workout. CAUTION: This workout contains CARDIO, STRENGTH TRAINING, and a BUTT KICKIN'!

342062-01	12 weeks	Sat	6/17-9/2	8-9am	18+ yrs	\$139
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BeachFit Moms

Annika Turner, Beach Fitness
10th Street Beach Parking Lot, 10th St @ Ocean Ave

BeachFit Moms is a female focused workout in an environment that promotes healthy living for women, their pregnancies and their children. BeachFit moms was created with the idea of getting results by focusing on the 5 major components of fitness. Through Strength, Endurance, flexibility, Nutrition, and Mind Body connection you will learn how to live a healthier and more fit life. BeachFit Moms is a daily class offered Monday-Thursday: pay \$20 per class. Meet in the 10th Street Beach Parking Lot.

342063-01	12 weeks	Mon-Thu	6/12-8/31	9:30-10:30am	18+ yrs	\$20/ class
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Ageless Grace®

Kathy Streng
Seal Beach Senior Center, 707 Electric Ave

Ageless Grace®, a chair based fitness program for the body and brain, teaches 21 movement tools that address 21 aging factors. To spirited, upbeat music, practice Body Math, Spaghetti Spine, Yo Baby, Zoology, Juicy Joints, Balancing Act and more! Based on the science of neuroplasticity, Ageless Grace creatively promotes physical and brain health.

342082-01	7 weeks	Thu	7/20-8/31	10-10:55am	45+ yrs	\$50
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Gentle Yoga

Suzy Hazard
Seal Beach Senior Center, 707 Electric Ave

A series of gentle poses that stretch & strengthen your body; the breathing practices relax your mind. The combination brings your mind & body together to soothe the nervous system & bring you a sense of relaxation & renewal. May include some gentle Chinese yoga (Qigong). Wear loose, comfortable clothing. Bring a sticky mat and/or beach towel.

342068-01	9 weeks	Tue	6/27-8/22	5:30-6:45pm	18+ yrs	\$72
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PiYo Live

Divita Elliott, Senior Center, 707 Electric Ave

PiYo® LIVE combines the muscle-sculpting, core-firming benefits of Pilates with the strength and flexibility of flowing yoga movements. You'll use your body weight to perform a series of continuous, targeted moves to define every single muscle—big and small. But there's no time to stop and chant ommm—because you won't pose—you'll push it. We crank up the music, and the fun to give you an intense, yet low-impact workout that will burn crazy calories for a long, lean beautiful physique. You'll sweat, stretch, and strengthen—all in one empowering PiYo LIVE workout! You only need a yoga mat, shoes are optional. No class 7/5

342078-02	8 weeks	Wed	6/28-8/23	6-7pm	16+ yrs	\$87
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Beginning Tai Chi Chih

Suzanne Roady-Ross, Seal Beach Senior Center, 707 Electric Ave

Reduce stress and experience peace within. A moving form of meditation based on ancient Chinese principles, these graceful flowing movements tone muscles, align the body & enhance flexibility while promoting a peaceful mind. In Chinese medicine, tai chi is used as a way to relax the body & allow the chi (vital energy) to flow, thereby promoting wellness. No Class 7/3

342073-01	5 weeks	Mon	6/19-7/24	6:40-7:40pm	15+ yrs	\$57
342073-02	5 weeks	Mon	7/31-8/28	6:40-7:40pm	15+ yrs	\$57

Intermediate Tai Chi Chih

Suzanne Roady-Ross, Seal Beach Senior Center, 707 Electric Ave

Refine your practice and deepen the benefits of this simple but powerful moving meditation. Reduce stress and experience peace within while promoting wellness. No Class 7/3

342077-01	5 weeks	Mon	6/19-7/24	5:30-6:30pm	18+ yrs	\$57
342077-02	5 weeks	Mon	7/31-8/28	5:30-6:30pm	18+ yrs	\$57

Aikido for Adults

Steve Wasserman
North Seal Beach Center, 3333 Saint Cloud Dr

This course focuses on the martial art of "Aikido" self-defense. Students will learn the principles of falling, rolling, and defense techniques against punches, strikes, knife attacks, control and blending with your opponent, mat safety, and self-defense awareness. Wear sweats and no jewelry. Martial arts gi are optional and can be purchased on own, and belt testing is optional (\$50). All students that attend the classes must have the ability to roll and fall at a moderate pace and will be allowed to participate only per instructor's discretion. Some Saturday's to be announced from 9-10:30am.

342050-01	14 weeks	Mon & Wed	6/12-8/30	7:30-9:30pm	18+ yrs	\$150
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Ice Skating for Adults

Westminster IceWestminster Ice, 13071 Springdale St

Learn to skate across the ice forward and backward, stop, hop, spin, and more! Includes skate rental, 30-minute lesson, free practice on the day of class (3:00-5:00 PM), and three additional practice passes to be used during the 4-week session. Please arrive 20 minutes early on the first day of class to fit skates, and dress warmly (gloves recommended).

323131-01	4 weeks	Wed	5/31-6/21	6:40-7:10pm	17+ yrs	\$40
323131-02	4 weeks	Wed	8/2-8/23	6:40-7:10pm	17+ yrs	\$40

Beginning Pilates

Bonnie Nash
Seal Beach Senior Center, 707 Electric Ave

Geared for new students. The Pilates method of physical and mental conditioning will change your body to be fitter, stronger, and more attractive by slimming muscles, increasing strength and flexibility, improving posture, body alignment and coordination. The Pilates Beginning program will be the most important sessions you will experience. New students are encouraged to attend 20 classes before moving to Intermediate level classes. To see if you are a good fit for this beginners class please call Bonnie at (714) 345-2140. Please bring a floor mat. Classes are subject to cancellation if class minimum is not met. No Class 7/3

342072-01	6 weeks	Mon	6/12-7/17	12:30-1:30pm	18+ yrs	\$57
342072-02	5 weeks	Mon	7/31-8/28	12:30-1:30pm	18+ yrs	\$57

Intermediate Pilates

Bonnie Nash
Seal Beach Senior Center, 707 Electric Ave

For returning students ONLY. This class can only be taken by students who have completed the Pilates Beginning program. New students who have not trained with Bonnie Nash are welcome to try a free assessment class to determine if this would be the appropriate level for them. Intermediate level is a continuation of the fundamental work followed by more challenging exercises adding strength and coordination to the Pilates experience. No Class 7/3

342069-01	6 weeks	Mon	6/12-7/17	11:30am-12:30pm	18+ yrs	\$57
342069-02	5 weeks	Mon	7/31-8/28	11:30am-12:30pm	18+ yrs	\$57

Adult Sports Leagues

Basketball League

Basketball league begins May 15 2017. \$350 per team, plus \$25 per game for referees. For more information, call Kevin Ortiz in the Community Services Department at (562) 431-2527 ext: 1307, or e-mail at kortiz@sealbeachca.gov.

Softball League

Softball league begins June 27 (men) and May 25, 2017 (coed). \$400 per team. For information, call Kevin Ortiz, Community Services Department, at (562) 431-2527 ext: 1307, or e-mail kortiz@sealbeachca.gov. **Dates subject to change due to weather.**

Advanced Pilates

Bonnie Nash, Seal Beach Senior Center, 707 Electric Ave

For returning students ONLY who have taken both the Beginning and Intermediate Pilates program. New students who have not trained with Bonnie Nash are welcome to try a free assessment class to determine if this would be the appropriate level. Advanced Pilates work will focus on increasing strength, endurance, flexibility, coordination and posture with more challenging exercises. Continuing the fundamentals of proper breathing and alignment are essential. Exercise mat and other props required. Classes are subject to cancellation if class minimum is not met. No Class 7/6

342071-01	6 weeks	Thu	6/15-7/20	12:30-1:30pm	18+ yrs	\$57
342071-02	5 weeks	Thu	8/3-8/31	12:30-1:30pm	18+ yrs	\$57

Tuesday, July 4th 4:00 pm JFTB, Los Alamitos
Fireworks Show begins promptly at 9:00 pm
Food Court ★ Vendor Booths ★ Kids Fun Zone
Enter through the Lexington Gate
Free to attend ★ Adults must have photo ID to enter
Minors without an I.D. must be accompanied by a parent/guardian

FIREWORKS SPECTACULAR
 LOS ALAMITOS ★ CYPRESS ★ ROSSMOOR ★ SEAL BEACH

4TH OF JULY
 AT THE LOS ALAMITOS JOINT FORCES TRAINING BASE

Premier Community Partner
REPUBLIC SERVICES

Sponsor and Vendor Opportunities Available! Access to thousands!
Bring lawn chairs and blankets (no bleachers available)
 Alcohol, dogs, fireworks, BBQ's & motor homes prohibited; service dogs are allowed on post

Family Fun Spend the Day Celebrate America's Birthday

Tennis Lessons taught by Brian Collison

For more information, call 562-308-6740.

KIDS BEGINNING (4-6 years) No class: 7/3, 7/5, 7/8, 8/7, 8/9, 8/12

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
333020-01	6/19-7/24	Mon	4:30-5 pm	\$47	Heather Park
333020-02	7/31-8/28	Mon	4:30-5 pm	\$39	Heather Park
333020-03	6/21-7/26	Wed	4:30-5 pm	\$47	Marina Park
333020-04	8/2-8/30	Wed	4:30-5 pm	\$39	Marina Park
333020-05	6/24-7/29	Sat	9-9:30 am	\$47	McGaugh
333020-06	8/5-9/2	Sat	9-9:30 am	\$39	McGaugh

KIDS INTERMEDIATE (5-6 years) No class: 7/4, 7/6, 8/8, 8/10

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
333020-07	6/20-7/25	Tue	4:30-5 pm	\$47	Heather Park
333020-08	8/1-8/29	Tue	4:30-5 pm	\$39	Heather Park
333020-09	6/22-7/27	Thur	4:30-5 pm	\$47	Marina Park
333020-10	8/3-8/31	Thur	4:30-5 pm	\$39	Marina Park

JUNIORS BEGINNING (7-10 years) No class: 7/3, 7/5, 7/8, 8/7, 8/9, 8/12

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
333021-01	6/19-7/24	Mon	5-6 pm	\$87	Heather Park
333021-02	7/31-8/28	Mon	5-6 pm	\$71	Heather Park
333021-03	6/21-7/26	Wed	5-6 pm	\$87	Marina Park
333021-04	8/2-8/30	Wed	5-6 pm	\$71	Marina Park
333021-05	6/24-7/29	Sat	9:30-10:30 am	\$87	McGaugh
333021-06	8/5-9/2	Sat	9:30-10:30 am	\$71	McGaugh

JUNIORS INTERMEDIATE (7-10 years) No class: 7/4, 7/6, 8/8, 8/10

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
333021-07	6/20-7/25	Tue	5-6 pm	\$87	Heather Park
333021-08	8/1-8/29	Tue	5-6 pm	\$71	Heather Park
333021-09	6/22-7/27	Thur	5-6 pm	\$87	Marina Park
333021-10	8/3-8/31	Thur	5-6 pm	\$71	Marina Park

TWEENS BEGINNING (11-13 years) No class: 7/3, 7/5, 8/7, 8/9

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
333023-01	6/19-7/24	Mon	6-7 pm	\$87	Heather Park
333023-02	7/31-8/28	Mon	6-7 pm	\$71	Heather Park
333023-03	6/21-7/26	Wed	6-7 pm	\$87	Marina Park
333023-04	8/2-8/30	Wed	6-7 pm	\$71	Marina Park

TWEENS INTERMEDIATE (11-13 years) No class: 7/4, 7/6, 8/8, 8/10

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
333023-05	6/20-7/25	Tue	6-7 pm	\$87	Heather Park
333023-06	8/1-8/29	Tue	6-7 pm	\$71	Heather Park
333023-07	6/22-7/27	Thur	6-7 pm	\$87	Marina Park
333023-08	8/3-8/31	Thur	6-7 pm	\$71	Marina Park

ADULTS BEGINNING (14+ years) No class: 7/3, 7/5, 8/7, 8/9

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
333022-01	6/19-7/24	Mon	7-8 pm	\$87	Heather Park
333022-02	7/31-8/28	Mon	7-8 pm	\$71	Heather Park
333022-03	6/21-7/26	Wed	7-8 pm	\$87	Marina Park
333022-04	8/2-8/30	Wed	7-8 pm	\$71	Marina Park

ADULTS INTERMEDIATE (14+ years) No class: 7/4, 7/6, 8/8, 8/10

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
333022-05	6/20-7/25	Tue	7-8 pm	\$87	Heather Park
333022-06	8/1-8/29	Tue	7-8 pm	\$71	Heather Park
333022-07	6/22-7/27	Thur	7-8 pm	\$87	Marina Park
333022-08	8/3-8/31	Thur	7-8 pm	\$71	Marina Park

Seal Beach Tennis Center

For more information, call 562-598-8624.

TINY TOTS (4-5 years) Instructor: Brenda Danielson

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
333035-01	6/14-7/19	Wed	3:15-3:45pm	\$60	SBTC
333035-02	7/26-8/30	Wed	3:15-3:45pm	\$60	SBTC
333035-03	6/17-7/22	Sat	11-11:30am	\$60	SBTC
333035-04	7/29-9/2	Sat	11:30-12pm	\$60	SBTC

ADULT BEGINNING (18+ years) Instructor: Brenda Danielson

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
333030-01	6/14-7/19	Wed	10:30-11:30am	\$99	SBTC
333030-02	7/26-8/30	Wed	10:30-11:30am	\$99	SBTC

CARDIO TENNIS (16+ years) Instructor: Brenda Danielson

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
334010-01	6/14-7/19	Wed	7:30-8:30pm	\$90	SBTC
334010-02	7/26-8/30	Wed	7:30-8:30pm	\$90	SBTC
334010-03	6/16-7/21	Fri	6:30-7:30pm	\$90	SBTC
334010-04	7/28-9/1	Fri	6:30-7:30pm	\$90	SBTC

SERVE CLINIC (18+ years) Instructor: Brenda Danielson

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
333036-01	6/24	Sat	10-11am	\$20	SBTC

VOLLEY CLINIC (18+ years) Instructor: Brenda Danielson

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
333037-01	6/24	Sat	9-10am	\$20	SBTC

PICKLEBALL (18+ years) Instructor: Brenda Danielson

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
333040-01	6/12	Mon	6-7pm	\$20	SBTC
333040-02	6/17	Sat	9:30-10:30am	\$20	SBTC
333040-03	7/10	Mon	6-7pm	\$20	SBTC
333040-04	7/15	Sat	9:30-10:30am	\$20	SBTC
333040-05	8/14	Mon	6-7pm	\$20	SBTC
333040-06	8/19	Sat	9:30-10:30am	\$20	SBTC

Senior Lunch Program

Seal Beach Community Services, in cooperation with Community Senior Serv, offers a hot, nutritious meal Monday through Friday at the North Seal Beach Center, located at 3333 Saint Cloud Drive. Besides maintaining the physical health of active older adults, the Lunch Program also works to enrich the emotional/physiological health of seniors by sponsoring a wide range of speakers, dances, games, health forums, and other social and educational activities. Meals, support services and transportation are available to all persons age 60+ on a donation basis. The Center is open Monday through Friday, 8 a.m.-2 p.m. Lunch is served at 11:15 a.m. For more information, please call (562) 430-6079 between the hours of 11 a.m. and 1 p.m. If you need transportation to the senior lunch program, arrangements may be made with the City's Dial-A-Ride transportation company. This shuttle service is available to and from the North Seal Beach Senior Lunch Program site which is located in the Rossmoor Shopping Center.

Senior Dial-A-Ride Program in Seal Beach

The Dial-A-Ride component of the program has traditionally offered to deliver a senior resident to any location within the City Limits. Dial-A-Ride service is available Monday through Friday from 8 a.m. to 5 p.m., and can be utilized by calling (562) 439-3699 at least 24 hours in advance to schedule a date, time, and location.

The service can be made for any reason such as doctor's appointments, retail/grocery shopping and dining excursions (within the City of Seal Beach). For medical purposes only, this service may be used within three miles outside the City limits in Orange County.

Attention Leisure World Residents: The City's Dial-A-Ride Program will no longer allow users to make reservations for trips that begin at a user's home in Leisure World to another location inside Leisure World. Leisure World currently operates a shuttle service that transports residents throughout Leisure World.

Home Delivered Meals

For homebound individuals 60+ years of ages who are unable to shop/and or prepare meals for themselves, Community Senior Serv delivers three meals directly to their homes – a cold lunch, a frozen dinner, and breakfast items. These meals, which provide 100 percent of the U.S. Nutritional Recommended Dietary Allowance, are available five days per week. Suggested donation is \$4.50/day. For more information, call (714) 220-0224.

Drivers Needed to Deliver Meals

Help us bring smiles to the faces of older adults living in your community. We are in need of volunteer drivers to deliver meals to homebound elders in Seal Beach who are unable to cook and/or shop for themselves. Drivers are needed for one hour a day, Monday thru Friday between 10 a.m. and 1 p.m. On-call backup drivers are also needed in the event that a regularly scheduled driver is unable to deliver. To volunteer, call (714) 220-0224.

In Home Case Management

For older adults who are facing multiple problems, which they cannot resolve on their own, Community Senior Serv Case Managers are available to help them evaluate and find acceptable solutions to their individual needs. Referrals may be made by any concerned individual, physician, Social Service Worker, family member, neighbor, or the senior themselves, Monday through Friday, from 8 a.m.-5 p.m. For more information, call (714) 220-0224.

Shopper Shuttle

The Shopper Shuttle provides transportation to shopping centers throughout the City of Seal Beach. The Shopper Shuttle runs in North Seal Beach Monday through Wednesday 8 a.m. to 4:30 p.m., Thursday 8 a.m. to 2 p.m. and Friday 8 a.m. to 4:30 p.m. The Shuttle runs in Old Town and Seal Beach Pier Thursday 8 a.m. to 4:30 p.m. For more information and pickup locations, please call (562) 439-3699 or Public Works at (562) 431-2527 ext. 1317.

Friendly Companions

Community Senior Serv serves over 1200 frail, isolated, homebound older adults daily who are in need of companionship. Many homebound elders are lonely and do not or cannot reach out to others. If you find joy in making a difference and enjoy listening or talking, friendly visiting is the right volunteer opportunity for you. Volunteers visit in the home of the older adult and offer warmth, friendship and understanding to make life more meaningful. Volunteers play an important part in the elders well-being by helping to restore feelings of self worth, dignity and promoting independence. Volunteers are needed throughout Central, North and West Orange County. Families are encouraged to volunteer. Call (714) 220-0224 to volunteer.

Referral Assistance

This referral service directs persons 60+ to the appropriate agencies for specific needs. Call the Orange County Senior Information and Referral Line at (714) 567-7500 if you need assistance. This program is designed to provide seniors access to the many agencies and human service programs available that can assist with problems, legal information, nutrition programs and more.

Health Insurance Counseling and Advocacy Program (HICAP)

Trained counselors are available to assist seniors with Medicare rights and protections. They can help with HMO appeals, with information regarding Medi-Gap Plans and/or Long Term Care information. No fee. For more information, call 714-560-0424.

Eye Health 101

Nimesh Pathak, MD, North Seal Beach Center, 3333 Saint Cloud Dr

Become informed about diabetes, cataracts, macular degeneration, glaucoma and much more. Dr. Pathak will discuss your eye health and what you can do to protect your sight. These lectures are always changing so feel free to attend them all. Afterwards he will open the floor for discussion and questions. Lectures are given during Senior Meals.

356050-01	1 day	Wed	6/14	10-11am	All Ages	FREE
356050-02	1 day	Wed	8/30	10-11am	All Ages	FREE

Medicare 101

Cesar Arteaga, Seal Beach Senior Center, 707 Electric Ave

Learn about Social Security timeframes, how to enroll in Medicare, and the qualifications to receive Medicare. Learn about what Part A, Part B, Part C, and Part D consist of and what it covers and does not cover. The instructor will explain the options that Medicare beneficiaries have to get coverage for and what Medicare does not cover, such as Medicare Advantage plans, Prescription drug plans, and Medicare Supplement plans. Additional plans are also available for those who are receiving financial assistance or for those who have Medicare and Medi-Cal.

356040-01	1 day	Mon	6/12	10-11am	64+ yrs	FREE
356040-02	1 day	Mon	8/14	10-11am	64+ yrs	FREE

Map & Facilities

Amenity Key Updated December 2012

- Baseball Fields
- Basketball Courts
- Bike Racks
- Bleachers
- Classes Offered Here
- Community Center
- Community Garden
- Drinking Fountains
- Dugout Bench
- Gravel Parking Area
- Gymnasium
- Handball Courts
- Park Benches
- Paved/Striped Parking Spaces
- Pet Waste Dispenser
- Picnic Shelters
- Picnic Tables
- Portable Toilets
- Reservable
- Restrooms
- Soccer Fields
- Softball Fields
- Swimming Pool
- Swing Sets
- Tennis Courts
- Tetherball
- Tot Lot/Playgrounds
- Trash Receptacles
- Volleyball Courts



Map not to scale.

Park/ Facility

L = Lit U = Unlit i = Indoor

1 Almond Park – 4600 Almond Ave. in College Park East	
2 Arbor Park – 4665 Lampson Ave. Behind the WestEd Facility, College Park East off Lampson Ave	
3 Arbor Dog Park – 4665 Lampson Ave. Behind the WestEd Facility off Lampson Ave	
4 Aster Park – Aster St. & Candleberry in College Park East	
5 Beach	
6 Bluebell Park – Almond Ave. & Bluebell St. in College Park East	
7 City Hall & Community Services Office – 211 8th St. on the 2nd floor in Old Town	
8 Corsair Park – Corsair Way in Bridgeport	
9 Edison Park – 99 College Park Dr. in College Park West	
10 Eisenhower Park – Ocean Ave. at Main St. in Old Town	
11 Electric Greenbelt – Runs along Electric Ave in Old Town	
12 Fire Station #48, Community Room – 3131 North Gate Rd.	
13 Gum Grove Nature Park – corner of Crestview & Avalon Dr. on the Hill	
14 Heather Park – Heather St. & Lampson in College Park East	
15 Los Alamitos Community Center – 10911 Oak St., Los Alamitos	
16 Los Alamitos/Rossmoor Library – 12700 Montecito Rd. (562) 430-1048	
17 Marina Park & Community Center – 151 Maina Dr. in Old Town	
18 McGaugh School (LAUSD) – 1698 Bolsa Ave. on the Hill	
19 North Seal Beach Center – 3333 St. Cloud Dr.	
20 Schooner Park – Schooner Way & Dory Way in Bridgeport	
21 Seal Beach Police – 911 Adolpho Lopez Dr. (562) 799-4100	
22 Seal Beach Senior Center/Mary Wilson Library – 707 Electric Ave. in Old Town	
23 Seal Beach Tennis Center/Club House – 3900 Lampson Ave (562) 598-8624 www.sealbeachtenniscenter.com	
24 Windsurf Park – Adjacent to the 1st St. Beach Parking Lot	
25 Zoeter Field – 12th St. & Landing Ave. in Old Town	

5 easy ways to REGISTER TODAY

1 MAIL IN

Select the class or classes you are interested in and complete the registration form. Please sign the consent section at the bottom. Mail the completed registration form with a check or money order (do not send cash) made payable to the City of Seal Beach, or your MasterCard or Visa number to:

City of Seal Beach
ATTN: Finance Department
211 8th Street
Seal Beach, CA 90740

If you would like to receive a confirmation receipt, please supply a self-addressed, stamped envelope with your registration or request that one be sent to your e-mail address.

2 WALK IN

Open Monday - Friday
Registration in person at Seal Beach City Hall from 8 a.m. -5 p.m. Monday through Friday. Closed daily from 12-1p.m.

3 ONLINE

Register for classes from your home 24/7 and it's FREE! You can browse activities and facilities; view your history, reprint receipts, register for classes, renew your swim pass, print a household calendar and more!

If you have registered for any classes, camps, or swim passes through our department but have not registered online please call the Community Services Department for your user ID & password. Register online at: register.sealbeachca.gov

4 FAX

Register by fax with your Visa or Master Card. Fax us 24 hours a day at **(562) 430-3498**. Please have all of your information printed in ink on the form. Credit Card registration must be for amounts in excess of \$20.

5 E-mail

Scan and e-mail your registration to communityservices@sealbeachca.gov

Refund Policy

▶ Applications for refunds will be granted only if requested prior to the second class meeting and may be made in person, over the telephone, or by writing us. You will be refunded a prorated fee minus the \$7 admin fee for the class you attended.

▶ Refund checks will be mailed within three weeks following the request.

▶ If the Department cancels a class, before the start date, an automatic refund will be processed at no cost to the registrant.

▶ A \$26 Service Charge for any check returned unpaid may be assessed (closed account, NSF funds)

Access & Inclusion

In compliance with the Americans with Disabilities Act (ADA), the City of Seal Beach Community Services Department prohibits discrimination on the basis of race, color, national origin, age and disability in all of its programs. All are welcome to register and we encourage your participation. If you have special needs, please contact the Community Services Office at (562) 431-2527, ext.1344.

Online Registration begins May 8, 2017

Walk-in and Mailed Registration begins May 15, 2017

Please register early to avoid class cancellations.

Community Services Department

City of Seal Beach

211 8th Street
Seal Beach, CA 90740
Office (562) 431-2527 ext. 1344
Fax (562) 430-3498

Office Hours

Monday - Friday; 8am - 5pm
(closed daily 12-1pm for lunch)

For Your Information: We share instructors and co-sponsor activities and classes to better serve YOU, our most important customer!

CONTENT: We make every effort to ensure the information in the Guide is accurate & up-to-date. We regret that occasional errors occur & we retain the right to amend information & fees.

Submit Your Photos

Have you or your children participated in one of our classes and have high resolution digital photographs that you would like to submit for publication in the Seal Beach *Shoreline*? If so, you can email them to Jessica at JJacobs@sealbeachca.gov.

Please include:

- Your name, address, and telephone number
- Names of those in the photographs and what activity is featured

The statement "I hereby irrevocably consent to and authorize the use and reproduction by the City of Seal Beach or anyone authorized by the City of Seal Beach of any and all photographs. These photographs may be used for any purpose whatsoever, without compensation."



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SEAL BEACH Summer Send-Off

Saturday, August 26th

Heather Park
5:30 p.m.



ACTIVITIES • FOOD • GAMES • MUSIC • MOVIE IN THE PARK



WEDNESDAYS
6:00 - 8:00 pm

- July 5 Kelly Rae Band
- July 12 Elm Street Band
- July 19 Lavation
- July 26 Flying Squad
- August 2 The Emperors
- August 9 Abbey Road
- August 16 Escape
- August 23 FlashBack Heath Attack